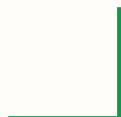


# AWARDS CEREMONY BOOKLET





## SCHOOL PROGRAMMES



# BROUGHT TO YOU BY



## OUR PARTNERS





# TABLE OF CONTENTS

## Singapore Kindness Movement

**06** About Singapore Kindness Movement

## Friend of Singa

**08** About Friend of Singa (Primary)

**09** About Friend of Singa (Secondary)

**10** Friend of Singa Campaigns 2022

**11** Featured Campaigns Contents Overview

**14** Featured Campaigns

## Write for Kindness

**84** About Write for Kindness

**86** Story-Writing and Illustration

**91** Poetry-Writing and Illustration







# TABLE OF CONTENTS

## Kindness Badge Award

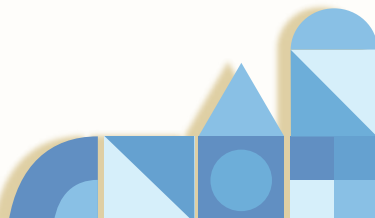
- 96** About Kindness Badge Award
- 98** Featured Projects Contents Overview
- 104** Featured Projects
- 171** About Kindness Badge Junior

## Citizens of Kindness

- 172** About Citizens of Kindness

## Connect With Us

- 173** Contacts and Links





## Singapore Kindness Movement

We believe we can find kindness in every person. That is why the Singapore Kindness Movement (SKM) wants to encourage everyone to start, show and share kindness. We aspire to inspire graciousness one kind act at a time. By sparing a thought for the people around us, we hope each of us can be greater, create a more gracious society, and make life better for you and me.



## Mission

To help build a gracious Singapore, the Singapore Kindness Movement aims to encourage the individual to internalise courtesy, kindness, and consideration. To inspire graciousness through spontaneous acts of kindness, making life more pleasant for everyone.

## Objectives of SKM

- To encourage all Singaporeans to be kind and considerate
- To create public awareness of acts of kindness
- To influence and raise the standards of behaviour and responsibility

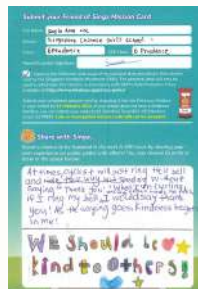


## Friend of Singa (Primary)

Introduced in 1990, the Friend of Singa (FOS) programme began with the purpose of cultivating desirable behaviours and values in students. FOS seeks to empower students to be active Agents of Kindness in contributing beyond themselves and the betterment of their schools and communities.

FOS Primary programme is an initiative by SKM to encourage students to contribute beyond themselves and to the betterment of their surroundings.

To become a Friend of Singa, students must complete the FOS activities embedded in our Kindsville Times and Agents of Kindness (A-OK!) newsletters delivered to the schools. Curated activities will require students to participate individually, and with their peers and family members.





## Friend of Singa (Secondary)

Building on the notion "Choose \_\_\_\_, Choose Kindness", the 32nd edition of FOS Secondary seeks to empower students to be active Agents of Kindness in contributing beyond themselves and the betterment of their schools and communities.

This programme is open to secondary, special education schools, madrasahs and international schools. FOS was revamped in 2009 from a nomination-style award for the most courteous student to a scheme where students must implement a kindness campaign on campus.

Students from participating schools are tasked to identify issues and implement solutions to promote kindness within their school and community. It is intended that at the end of the campaign, participants will recognize the importance of their role in informing and encouraging desired behaviours; therefore making a difference.

These students will be honoured as Kindness Ambassadors upon completing their kindness campaign. SKM hopes that by giving the students such recognition, it will encourage their peers to emulate their fine examples.



## Friend of Singa Campaigns 2022

The projects submitted this year continue to impress. Most of them have been thorough, engaging and creative in their methods to achieve greater impact and sustainable participation from their peers.





## FEATURED CAMPAIGNS

- 01** Anderson Secondary School - Group 1
- 02** Anderson Secondary School - Group 2
- 03** Anglo-Chinese School (Barker Road)
- 04** APSN Chaoyang School
- 05** Cedar Girls' Secondary School
- 06** CHIJ St. Nicholas Girls' School - Group 1
- 07** CHIJ St. Nicholas Girls' School - Group 2
- 08** CHIJ St. Nicholas Girls' School - Group 3
- 09** CHIJ St. Theresa's Convent - Group 1
- 10** CHIJ St. Theresa's Convent - Group 2
- 11** CHIJ St. Theresa's Convent - Group 3
- 12** Deyi Secondary School



## FEATURED CAMPAIGNS

- 13** Global Indian International School Singapore, PG Smart Campus
- 14** Jurong Secondary School
- 15** Madrasah Al-Ma'arif Al Islamiah - Group 1
- 16** Madrasah Al-Ma'arif Al Islamiah - Group 2
- 17** Madrasah Al-Ma'arif Al Islamiah - Group 3
- 18** Marsiling Secondary School
- 19** MINDS Lee Kong Chian Gardens School
- 20** North Vista Secondary School - Group 1
- 21** North Vista Secondary School - Group 2
- 22** One World International School - Group 1
- 23** One World International School - Group 2
- 24** One World International School - Group 3





## FEATURED CAMPAIGNS

- 25** Pathlight School
- 26** Paya Lebar Methodist Girls' School (Secondary) - Group 1
- 27** Paya Lebar Methodist Girls' School (Secondary) - Group 2
- 28** Raffles Girls' School (Secondary)
- 29** School of Science and Technology
- 30** Tanjong Katong Girls' School - Group 1
- 31** Tanjong Katong Girls' School - Group 2
- 32** Woodlands Gardens School
- 33** Yuvabharathi International School - Group 1
- 34** Yuvabharathi International School - Group 2
- 35** Yuvabharathi International School - Group 3



## **Anderson Secondary School (Group 1)**

### **Andersonians Of The Month**

#### **Project Done By:**

Jaslyn Loh, Candice Chong, Kenchi Neo, Sarah Lim, Terryn Loh,  
Dinesh Babu Vijai Adithya, Aarnav Tibrewal

#### **Educator(s) In-charge:**

Mrs Elizabeth Chan



Aimed at affirming and inspiring Andersonians, this project encourages them to recognise the strength of others, no matter how small or meaningless they seem.

Every month there would be a nomination process for the “Andersonian of the Month”. A presentation would be held at the beginning of the month to introduce the project. Then, teachers and students would nominate who they thought showcased the most talent in their field. The top 3 students would be interviewed and one of them will be selected and awarded with a token of affirmation - a notebook containing encouraging notes.



## **Anderson Secondary School (Group 2)**

### **AndeKindness**

#### **Project Done By:**

Elyse Cheong Jae Lyn, Murugavel Elakkiya, Clare Leung Wei Zhen,  
Kaede Koh Yan Ying, Preston Tee Xuan Jun, Sachin Adhith, Sanjana Senthilvel

#### **Educator(s) In-charge:**

Ms Soh Si Ying



With the increased use of technology in school, this project was created to educate students on cyberkindness. Students were taught how to be kind and responsible for their actions even if they are anonymous on the internet and a safe space was created for students to express themselves online.

This project had 2 phases - raising awareness and taking action. During the first phase, the project was publicised on the school's Instagram account and broadcasted on the school's radio, AndeRadio, to promote it to students. The second phase comprised several activities. During their Education For Learning (EFL) periods, the team performed a series of skits which were based on personal experiences of their peers on cyberkindness / cyberbullying. After each skit, students were able to decide what they wanted to see in the next skit. For the last skit, students were also given the choice to pick the ending they wanted for the characters.

To further educate students on cyberkindness, 2 team members held conversations about cyberkindness on the AndeRadio, and a poster design competition on spreading awareness of cyberkindness was also organised.



## **Anglo-Chinese School (Barker Road)**

### **Paladins Of Anglo-Chinese School (Barker Road)**

#### **Project Done By:**

Arie Bin Zaqy, Josiah Seetoh, Muhammad Luthfi Sufaiqish Bin Irleezam, Jonah Ng Jay Yau, David Eu, Eu Sheng En David, Oliver Michael Lim Kang Wei, Tan Hng Woo, Ralph Gan, Joshua Quek, Ethan Chan Zhi Cheng, Sng Kong Ming Koumei, Theodore Tan Zephen, Jireh Lam Zheng Yu, Josh Quek Zi Yi, Julian Lee Ka Weng, Bryan Ho Wai Kit, Koh Amirul Amin, Julian Tay Yu Heng, Goh Howe Fong, Aloysius Ang

#### **Educator(s) In-charge:**

Ms Nur Diyanah Binte Samani, Ms Rachel Louis, Ms Alice Chia,  
Mr Leong Chuen Kit



This project titled “Paladins of Anglo-Chinese School (Barker Road)”. Paladins mean champions of their cause; supporters.

The aim of this project is to better understand the daily life of the various support staff in school such as the custodians, security guards, canteen operators, IT staff, general office staffs and lab assistants. This project highlights their contributions that are easily forgotten as they usually work behind the scenes.

All Secondary 1 students participated in a “Love My School” programme where each class took turns to stay back to clean the school. As they do so, they learned to be more appreciative of the custodians in the schools. To understand and learn more from other support staff, 2 students from every class were also assigned to a specific group and had the opportunity to learn more from them through interviews such as asking the support staff about their daily lives, best memories in school and their hopes for students to make their days better. This is followed by a presentation by the 2 students to their class. As a class, they then pen down individual notes on a board to create an appreciation board which was then delivered to the support staff interviewed by the class. The various support staff were pleasantly surprised to receive notes of appreciation from the students and displayed the appreciation board proudly.

To share this initiative with the rest of the student body, this was followed with posts on the school’s social media platform to encourage the school population to do their part to create a conducive environment for learning and appreciation towards various members of the school.



## **APSN Chaoyang School**

### **A Cup Of Kindness**

#### **Project Done By:**

Ong Zi Jie Skye, Norhaefey Nickael Bin Gazali, Syed Abdul Maheen Yap Bin Syed Ubhaidilla Almutahar, Aiffee Rizqy Bin Adeel, Adam Zafri Bin Aidil, Mohammad Qaff Hakeem Bin Mhd Ismail, Jayden Lee, Mohamed Saifullah Bin Mohamed Feroz, Riley Low Tze Hoon, Nur Farah Qasira, Mugilesh S/O Palanisamy, Muhammad Rafael Bin Mohamad Fairuz, Qays Bin Mohamad Fadli, Sharvan S/O Sivakumar, Muhammad Danial Mustaqim Bin Abdullah, Muhammad Nur Aqil Bin Azli, Skylar Chong Jing Yu, Rayyan Naufal Bin Suffiandy, Aurelia Tan Yu Xi, Muhammad Firdaus Bin Muhammad Isa, Dzakwan Danish Bin Muhammad Hisham, Syifa Noor Aqisya Binte Amir, Chua Rui En Cherly, Mohammed Dalil Rizqi Bin Mhd Abdillah, Baey Kang Jie Kenji, Ling Jian Peng, Martin Lua Qian Yi, Nur Ezora Isabel Binte Mohammad Faizal, Nur Angelina Binte Mohd Alias, Ang Mei Mei, Nur Raqibah Bte Mohammad Razni, Tom Lee, Marvin Pang, Aston Poh Zhi Yong, Neo Ying Xin, Nur Fatanah Binte Abdullah, Letysia Sri Dania Binte Saat, Seth Jaden George, Jacob Chew Jia Kai, Raihin Mustaqim Bin Johari

#### **Educator(s) In-charge:**

Ms Williams Edith Gertrude, Ms Nur Aini Bte Adenan, Ms Siti Shuhada Binte Ahmad, Ms Sharon Tan Bee Bee, Ms Nur Ariffah Bte Mohd Saleh, Ms Pok Ci En, Ms S. Nirmala, Ms S. Savitri, Ms Nurulhuda Binte Hamid, Ms Saffiah Binte Othman, Ms Cai Xinchun, Ms Fiona Goh Hui Ling, Ms Joey Lim





‘A Cup of Kindness’ is a campaign started several years ago but revived again this year due to the easing of SMMs. Acknowledging the challenges children with special needs face when expressing themselves in words, this campaign aimed to give them an opportunity to express their gratitude, love and appreciation for those around them.

A briefing for this campaign was carried out by the students during Contact Time for teachers and an assembly for students on the activities. With the guidance from several teachers in the CCE Committee, the group distributed recycled cups and cup holders to various classes. Each student was given a cup and cup holder, which they could design and write thank you messages on. Lower ability students and students with special needs were given pre-cut messages as templates they can choose from. They were also given the option to colour the templates in if they wanted to.



## **Cedar Girls' Secondary School**

### **Choose Respect And Appreciation, Choose Kindness**

#### **Project Done By:**

Nurul Iman Binte Mohamed Ridzal, Yap Wan Yun Grace, Sng Min Ning, Steffi Tan Shu Yi, Georgine Nessa Lim, Megan Wong Jia Yu, Pham Hoang Anh, Akshaya Saravanan, Thilaga Palaniappan, Tan Xin Ru, Ella, Jilliane Darerca Wu, Rukmini Gomathy Sankar Narayan

#### **Educator(s) In-charge:**

Ms Lei Hong, Ms Lee Xin Er



A group of students from Cedar Girls' Secondary School started a campaign aimed at encouraging Cedarians to appreciate and respect the non-teaching staff in their school. They made and put up posters around the school, and gave a morning announcement to advertise their campaign.

They also arranged a script and presentation slides for an assembly talk and played videos of the non-teaching staff to deepen the student's understanding of them. One of the videos was about the daily lives of non-teaching staff while the other comprised interviews with non-teaching staff and other students. These videos and assembly slides were shown in the school library to increase awareness of the campaign.

Additionally, a Padlet competition was held to give their schoolmates an opportunity to share their experiences with the non-teaching staff. To show appreciation to the non-teaching staff, they also prepared gifts and cards for them.

Through the campaign, they were able to spread awareness of the need to better appreciate and respect the non-teaching staff, and encourage more students to do the same.



# **CHIJ St. Nicholas Girls' School (Group 1)**

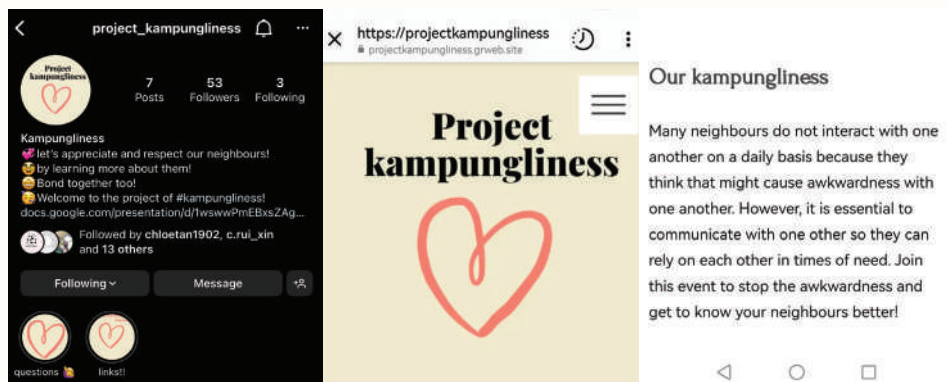
## **Project Kampungliness**

### **Project Done By:**

Chua Rui Xin, Chloe Tan Zi Xuan, Joy Ng, Ong Qian Ying

### **Educator(s) In-charge:**

Mr Marcus Koh, Ms Sherry Goh, Mrs Uma Jacob, Ms Melanie Chee



A group of students from CHIJ St. Nicholas Girls' School started a project to encourage neighbours to get to know one another better because they realised that neighbours do not often interact with each other. This project also aimed to increase their peers' appreciation and respect for their community.

Each week, two activities were introduced to the participants for them to complete together with their neighbours. The participants were required to submit pictures of them participating in the activities as proof of completion. These pictures were also used for publicity purposes. A total of four activities were introduced for the participants and their neighbours to complete. This project has been successful with 16 groups participating in it.



# **CHIJ St. Nicholas Girls' School (Group 2)**

## **Project Hydrangea**

### **Project Done By:**

Clarice Koh Huimin, Lee Xinyi Fionn, Crystal Moe, Lian Le En Magdalyn,  
Koh Zi Xin Gwyneth

### **Educator(s) In-charge:**

Mr Marcus Koh, Ms Sherry Goh, Mrs Uma Jacob, Ms Melanie Chee



5 DSA Leadership students from CHIJ St. Nicholas Girls' School started a project aimed at raising awareness about blue-collar migrant workers in Singapore. All the activities and articles about the lives of blue-collar migrant workers were uploaded on a Wix website created by them. The activities required their schoolmates to show their appreciation for these workers by writing gratitude notes and posting them on Padlet, complete a Bingo sheet that encouraged them to interact with the workers, and complete Kahoot quizzes that were based on the articles posted. The students also contacted a Migrant Worker's Centre as they hope to interview some of the workers there but are still awaiting their reply.



# **CHIJ St. Nicholas Girls' School (Group 3) Project Globe**

## **Project Done By:**

Raychelle Gerardine Lim, Rachael Jong, Tasha Tabitha Yeo Lyn, Sem Euna

## **Educator(s) In-charge:**

Mr Marcus Koh, Ms Sherry Goh, Mrs Uma Jacob, Ms Melanie Chee





A group of students from CHIJ St. Nicholas Girls' School started a project called Project Globe aimed at spreading awareness about the diversity of cultures in Singapore. This project mainly made use of Instagram. An Instagram account (@proj.globe) was created to post informative bite-sized information, infographics, and hold interactive games and quizzes on different cultures.

A website was also created for students to access the links to the games and quizzes. All these activities aimed at deepening their schoolmate's understanding and appreciation of different cultures in Singapore.



## **CHIJ St. Theresa's Convent (Group 1)**

### **Earth Day Upcycling Project**

#### **Project Done By:**

Luann Wong Yun Yi, Averyl Chua Rui En, Fun Rui, Effie Lum Yi Fei, Chua Jia Xuan  
Caliste (Cai Jiaxuan), Adrea Toh, Fong Yan Wen RYanne, Yeo Glennys,  
Nurhidayah Binte Yaakob, Jeanette Lee Zhi Xiu

#### **Educator(s) In-charge:**

Ms Megalai Rajandran (Mrs Hari), Ms Miroshini Kannathasan, Ms Zheng Yuxin  
Felicia, Ms Tay Shu-Min Samantha, Ms Ang Li Fern, Ms Teo Hui Rong Amanda



In relation to earth day, this project was created to encourage students to upcycle while allowing them to give back to the community.

A donation drive was first organised to collect reusable clothing items, which were then cut by lower secondary students into suitable dimensions to make scrunchies and headbands. These products were put together with other items in goodie bags that were donated to underprivileged children. These bags, also made out of recycled magazines, included stationery and either a scrunchie or a headband.



## **CHIJ St. Theresa's Convent (Group 2)**

### **STC Student Speaks!**

#### **Project Done By:**

Ho Jia Zen, Elizabeth Soh Xing Er, Puah Ying Tong, Rachel Lau, Chan Kai Wen, Fiona Tan Lin Xuan, Rachel Li, Ciel Ong, Aishwarya Murugananthan, Nicia Ting Rou Yee, Soumiya Mahendran, Bernales Beatrice Justine Lota, Daanya Say, Jaslyn Arulraj Gallego, Visalini Naidu, Pearl Leen, Wang Haoying, Chew Yu Xian, Kok Ying Jia Anya, Claryse Cheng Ying Xin, Yap Jit Ee Isabel, Chloe Tan En, Jewel Kan, Kang Xin Yi

#### **Educator(s) In-charge:**

Ms Shehana Zulazmi, Mrs Amanda Tan



The leaders of Character and Citizenship Education started this project to bring awareness to everyday things that may be overlooked or taken for granted. They identified exam anxiety, online etiquette, cyber-kindness and how to disconnect to connect.

The team wrote stories and collaborated with the school's InfoComm Club to record videos based on these themes. These videos were then played at various points of the school year, during level talks, and whole school Zoom assemblies.



## **CHIJ St. Theresa's Convent (Group 3)**

### **Racial Harmony Day Fringe Activities**

#### **Project Done By:**

Sujithkumar Vani Krishna, Katelyn Tan Si Rui, Charlotte Cowell, Sapna Sasikumar Pillai, Reshika Ophira Ramesh, Lauren Mikaela Ho, Chng Wan Xuan Ceris, Laura Ng Bi Qin, Fernandes Anoushka Erika, Khrishmitha Anbalakan

#### **Educator(s) In-charge:**

Ms Megalai Rajandran (Mrs Hari), Ms Ang Li Fern



The project aimed to reach out to the school community, educating the student body about the different races and their celebrations. The students wanted to promote racial harmony and awareness of other races' celebrations. Separated into different groups for efficiency, the project was led by 2 students, Charlotte and Vani.

Posters were put up around the school to publicise this project and a booth containing games and information about the races and celebrations was set up by the team.

By the end of the project, the teams managed to achieve their objective and got to educate other students in the school with knowledge of the different racial groups as well as engaged both students and teachers at the booth.



## **Deyi Secondary School**

### **Appreciating Our Unsung Heroes**

#### **Project Done By:**

Lai Si Yu, Law Wan Xuan, Skylyn Ang, Verlyn Ong, Li Xuan Cheng Shaun, Charissa Chia, Chloe Tan, Varsha R

#### **Educator(s) In-charge:**

Ms Saliha Parveen, Ms Eileen Tan, Mr Ryan Neo, Ms Joyce Yee





A group of Secondary 2 and 3 students from Deyi Secondary School started a project to encourage their schoolmates to show appreciation to their unsung heroes. Their unsung heroes included non-teaching staff (eg. the General Office staff, cleaners) who worked tirelessly to make their school a better place.

Each class was assigned a group of non-teaching staff to show appreciation to, and students would write thank you cards for them. Some of these thank you cards were displayed in the school's foyer while others were gifted to the non-teaching staff along with a kindness pack by the project organisers.

To understand more about the non-teaching staff, interviews were also conducted and posted on an Instagram page for students to watch.



Global Indian  
International  
School

## **Global Indian International School Singapore, PG Smart Campus**

**Choose Benevolence, Choose Kindness**

### **Project Done By:**

Anuthaman Krishnan, Ipshita Paliwal, Rhythm Gupta, Ashriya Tare, Sai Sri Vishnu Tejas Vallabhajosyula, Navaneethakrishnan Venkatesh, Diya Maheshwari, Atharva Kaushal, Tanvi Tantri, Swetha Raj, Rohan Sontosh Nair, Debasmita Roy, Ananya Krishna Prasad, Madhav Krishna Prasad, Sailakshmi Avinesh, Saumyaa Sengupta, Arya Anoop

### **Educator(s) In-charge:**

Ms Melissa Maria, Ms C.Hannah Propthika, Ms Preeti Basant, Ms Anna Varghese, Ms Archana Mithoor, Ms Rajni Premi





With the objective to build a kind generation, a team of students started a campaign to inculcate kindness in their peers. This campaign aimed to deepen their peers' understanding of the importance of being kind and that it is their responsibility to spread kindness in and outside of the school.

Several activities were conducted throughout this project. Kindness bookmarks with kindness quotes that were designed by students from levels 6-10, as well as candy, were distributed to the new students. Appreciation cards also designed by students, on the other hand, were gifted to non-teaching staff. To show further appreciation, goodie bags containing snacks and drinks were distributed to all janitors and security guards.

Students were also asked to write kindness messages and share them in class to show their appreciation towards their classmates. Meanwhile, several kindness competitions were organised for students to participate in. These were the Kindness Poem and Kindness Anime competitions.



## **Jurong Secondary School**

### **Project Mahalo**

#### **Project Done By:**

Su Tze Ching Charlotte, Mira Dafina Binte Mohamad Sadali, Tan Qian Lin,  
Ng Kai Ning, Chee Tong Yi Clover, Edsel Lim Lichen, Selvaraj Sathya Jeevan,  
Alisya Kaisa, Wong Yien Yee Meredith, Simon Min Thwin

#### **Educator(s) In-charge:**

Mrs Calista Yap-Fang Shilin



Titled “Project Mahalo”, this project aimed to educate students on expressing gratitude to the migrant workers who have worked so hard. It allowed students to have a deeper understanding of what the migrant workers go through and have an open mind towards accepting them into the community.

The project was carried out by the council who was in charge of the school. There were two presenters from the team and the rest were in charge of the classes involved.

Before the event, part of the team were involved in presenting of slides while the rest were in charge of the activities that were going to be carried out.

Many meetings and group discussions were arranged to plan the activities for the students.

By the end of the project, the team managed to complete this campaign with the help of their peers and teachers, as well as achieving the objectives of spread the message and the purpose of this campaign to the whole school and engage other students in activities related to the core message they were attempting to spread.



## **Madrasah Al-Ma'arif Al-Islamiah (Group 1)**

### **Silence Is Loud**

#### **Project Done By:**

Nur Quraisyah Putri Zulkifli, Hani Humaira Suhaimi, Masayu Nuruliman Zulaikha Binte, Masagos Zulkarnain, Nur Shahirah Binte Hanif, Farah Umairah Binte Mohammed Izhar, Naeema Batrisyia Binte Khallil Imran Shah, Hifza Safiyyah Binte Shafie

#### **Educator(s) In-charge:**

Ms Nurul Syaira Binte Zulkifli, Ms Liana Nadhirah Binte Saheid



The objective of the project is to educate students on the dangers of social media.

The purpose of the campaign is to educate students on how to avoid cyberbullying / defend themselves on the internet and to help them vent out their emotions healthily. Our aim was to give awareness to the rise of cyberbullying and to show them that cyberbullying is not okay.

Our activities consisted of slides, videos and a quiz. The slides were of the different views of the internet, the healthy ways of venting out emotions and who to talk to in times of need. When we presented, the audience seemed to enjoy our presentation as there were many laughs from all the students and a lot of positive feedback.



## **Madrasah Al-Ma'arif Al-Islamiah (Group 2)**

**Choose Unity, Choose Kindness**

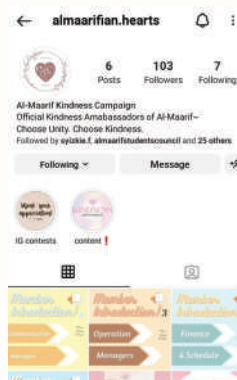
### **Project Done By:**

Nur Huda Binte Mulyadi, Nur 'afifah Akhmad Radhiansyah Yuliadi, Zafirah Binte Rasyiq, Ameen Aslam Maryam Haaniya, Sumaiyah Yang Iskandar, Nada Insyirah Alkaff Binte Syed Nouffer, Nurul Syazwani Helmi, Nurul Hanifah Binte Abdul Aziz, Syifaa' Zakirah Binte Mohamad Faizal, Qaisara Nuruljannah Binte Mohamad Faizal, Saleha Ajreen

### **Educator(s) In-charge:**

Ms Nurul Syaira Binte Zulkifli, Mdm Nur Wahidah Mohamed Hashim





‘Choose Unity, Choose Kindness’ is a project centralised on the theme ‘Appreciation & Respect’. Their goal was to reach as many stakeholders as possible with this message, and to create a more loving school environment.

In preparation for the campaign reveal, we produced an introductory video, which was shared to all Secondary & Pre-University classes to watch a few days prior to the official launch. In addition, an official Instagram handle was created to share details and updates of the campaign to our followers online (@almaarifian.hearts).

The first activity was our ‘Appreciation Board.’ An unused whiteboard was placed in the school canteen for students to stick thank you notes onto during recess. These notes get showcased at all times of the day for anyone who needs a heartwarming break from a stressful day of work. The next activity was the ‘Cleanest Class’ competition. This competition aimed to show appreciation and respect to the hardworking school cleaners. The last activity was an Instagram contest, ‘Appreciate Someone Today’. To win, students had to create an Instagram story about someone they appreciate and tag our IG Handle to notify us. Five winners were then rewarded.



## **Madrasah Al-Ma'arif Al-Islamiah (Group 3)**

**Choose Ma'arif, Choose Kindness**

### **Project Done By:**

Chan Nurul Celmira Binte Chan Caled Hal, Mahdiyya Imaani Imriyas, Nur Fatin Syazwina Binte Mohd Muzammil, Zya Erika Delaila Binte Zikiry, Sufia Aleia Binte Fahmie Abdat, Zafirah Binte Raif, Nur Insyirah Binte Abdulrani, Nur Ashura Binte Jamallaile, Aliyyah Binte Mohamed Mazdiuky, Anis Madiah Binte Mohamed Hafiz, Rafeeah Binte Mohamed Hasan Kuthus, Kamilah Husna Binte Azhar

### **Educator(s) In-charge:**

Ms Nurul Syaira Binte Zulkifli, Siti Nurjannah Sapiee



The objective of the project is to spread some love and show appreciation to the staff members in the school, which includes teachers, canteen vendors, cleaners and security guards.

Boxes with compartments were allocated for each staff member containing collated messages from the students. These boxes were given to the staff members so that they could reach into the box and read one of the many heartfelt messages written for them whenever they needed a mental boost.



## **Marsiling Secondary School**

### **Racial Harmony**

#### **Project Done By:**

Ace Sing Guan Gun (Shen Guanjun), Cheyenne Ho Xin En, Nurul Husna Binte Hamid, Arfan Izdiyar Bin Nur Iman Izhar, Nicholas Cheok Tong You (Shi Dongyou), Ng Jing Han, Edryan Reeyaz Bin Mohamed Reezal, Chung Kang Zhe Michael, Nor Maisarah Binte Roslan, Leow Hui Ying Clair, Derek Lee Zen Ray, Joy Chung Zhi Qin, Gabriella Cher Han Yi, Lau Pei Ling

#### **Educator(s) In-charge:**

Mrs Serena Ong (Ms Yuen Wai Yin Serena Sarah)



Students from Marsiling Secondary School started a project to deepen their peers' understanding of how Singapore is a multi-cultural mosaic. They aimed to convey the message that though changes may happen with time, the hues will continue to complement one another because of our long-shared history and heritage.

During the Hari Raya celebrations, the team taught their peers from Secondary 1 to 3 how to make Ketupats. Meanwhile, during the Racial Harmony period, the team collaborated with the CCE Council to create awareness of Racial Harmony. They gave morning assemblies about racial harmony for three consecutive days, which was then followed by an assembly talk on Friday.



## **MINDS Lee Kong Chian Gardens School**

**Be Kind, Show Respect**

### **Project Done By:**

Daniel Lee Tian Ler, Ryan Ang Bin Yao, Wong Chuan Pang, Lim Jia Xuan, Florrie Ooi Xin Xuan, Lucas Lim Ding Rui, Mohd Sharizal Bin Mohd Yusli, Nur Hana Alisha Bte Adrian, Sharifah Aleeya Bte Zulkhari, Hum Shi Yin

### **Educator(s) In-charge:**

Mdm Darsho, Ms Lim Shu Yong, Ms Catherine Tan, Ms Loh Foong Peng, Ms Suraya Mohamed Ali, Mok Kwai Peng Christina, Zainah Binte Bahari, Tham Lai Keng, Lim Poh Choo, Amy Amarit Kaur D/O Pumal Singh, Eswari D/O Krishnadas, Lim Shu Yong Gisele, Kaur Darsho



With the aim to encourage more acts of kindness in school, a group of students started a campaign called “Be Kind, Show Respect.” This campaign was launched during an assembly where students were briefed on the timeline, expectations, activities and criteria for the montage competition by the group. For the montage competition, the best montage/video showing acts of kindness done at home, in school or in the community from each level were chosen and awarded. There was also another competition where students competed to become the best Kindness Ambassador.

To further encourage these acts, photos of students exhibiting these acts at home, in school or in the community were displayed around the school. A set of presentation slides on the Friend of Singa was also created and disseminated to all the teachers to teach in class. These slides aimed to educate students on kindness, respect and appreciation. Additionally, the classes with Kindness Ambassadors also gifted handmade thank you cards and tokens of appreciation to the school staff (e.g. drivers, bus attendants, admin staff).



## North Vista Secondary School (Group 1)

### Hidden Hearts Project

#### Project Done By:

Crystal Low Jia En, Nur Qaisara Binte Hamdan, Le Yi Manoharan, Nur A'tikah  
Kyana Binte Mohamad Nor, Chan Shi Ting

#### Educator(s) In-charge:

Mrs Christine Bernadette





The aim of the campaign was to give light to people who are not given enough recognition and respect.

As most students do not know the names of our fellow canteen vendors, we felt that it was important as we believe that people deserves to be credited for their efforts. It is significant because they should be valued to a greater degree because of the hardwork to help us prepare our daily meals. We realised that they are not acknowledged and cherished enough. Thus, we want to give them something personalized to make them feel appreciated.

In conclusion, we wanted to show support, respect and gratitude for their hard work and patience.



## North Vista Secondary School (Group 2)

**Say No To Bullying!**

### **Project Done By:**

Chong Yue, Jolie Xi-Ying Le Blond, Nur Dhaniyah Binte Faizal,  
Naimi Muzaffar Dohadwala

### **Educator(s) In-charge:**

Mrs Christine Bernadette



The aim of the campaign was to create awareness about the issue of bullying and put an end to cyberbullying or physical bullying.

We chose to focus on physical bullying as we felt it was not being addressed often enough in school until it happens. Whereas cyberbullying has been addressed often as we are living in a digital world. Physical bullying is happening often these days because of different factors. Examples are appearance, personality, family backgrounds and even opinions.

Victims of bullying may choose to cope by self-harm and/or suicidal thoughts to escape from reality, thinking that there is no purpose in life. We want to raise awareness and educate others on this issue so that they can also help others. We would also like to make use of this platform to help those victims who remain silent, fearing that people would judge them if they speak up.

We first did a video on bullying and then we included tips on how to stop bullying or react in a situation when one was being bullied. The video was completed in Term 1. In Term 2, we spent the time advocating anti bullying messages by conducting a sharing during the Form Teacher Time with all students in our school. We truly saw value in the project and was glad to have reach out to an entire school population.



## **One World International School (Group 1)**

### **Showing Appreciation To School Cleaners**

#### **Project Done By:**

Aaditya Dwivedi, Aarya Marathe, Andreina Schapper, Angel Puthanpurakkal, Antoine Drillet, Badhri Vasanthakumar, Daksh Prakash Mathur, Daniel Park, Daow Buckenham, Dhruv Sapra, Finn Knikkink, Jiatian Liu, Prarthana Dhanesh, Sarah Lam, Serah Bobby, Shubhang Som, Viola Nanetti, Yungwon Woo, Eavenz Gabryel Arcueno, Mohammed Haider, Chen Zhixuan, Cho Yeonji, Manya Nayyar, Anya Sikand

#### **Educator(s) In-charge:**

Ms Pooja Bajaj



This project focuses on showing appreciation towards the cleaning staff in school. To help the cleaners, they launched an initiative to help keep the canteen clean after snack and lunch break. All students had to wipe their tables and throw all their trash away after their meals. There was another activity where students were able to show their appreciation towards the cleaning staff and canteen vendors by interviewing them to find out how we can help them. These interviews were screened on the TVs around the school.

Students focused on showing appreciation towards the cleaning staff in school. As part of their service to help the cleaners, they launched an initiative to help keep the canteen clean after snack and lunch break. All students were to wipe their tables after finishing their meals before leaving the canteen. This helped to reduce the workload of the cleaners in the school. As the canteen is used by all secondary students, they were all part of the initiative to clean their tables before leaving the canteen. At the same time, students also showed their appreciation towards the cleaning staff by doing interviews with them which were screened on the TVs around secondary school.

To display desirable and responsible behaviour relating to cleanliness in a public space and keeping the school clean. Assist the cleaners where possible by disposing all wastes appropriately. Display appreciation to cleaning staff by taking responsibility for our actions. We interviewed the cleaning staff and the canteen vendors to find out how we can help them. To help the cleaning staff after breaks and lunch, all students wipe their own tables and throw everything in the bins before leaving the canteen. This has helped in maintaining a clean environment and reducing the load on the cleaning staff.



## **One World International School (Group 2)**

### **Showing Appreciation Towards Library Staff And Operations Team In School**

#### **Project Done By:**

Haru Akai, Arina Arno, Nischay Srivatsa, Aaron Bradshaw, Nandika Chadha, Manas Khare, Yu Ching Ko, Lena Lalic, Roshan Pain, Joshua Porter, Sara Rai, Thomas Akira Redmond, Hyunsoo Ryu, Neha Sevugan, Mohashini Thiruchelvam, Shu Ting Tong, Naisha Varshney, Fizza Zehra, Amalya Laleman, Eshaal Hassan, Grace Jackson-Strong, Dhanur Kataria, Aniruddha Taher, Ishi Upadhyaya

#### **Educator(s) In-charge:**

Ms Anjali Singh, Mr Jason Leong



The students of OWIS started a project to express their thanks towards their library staff and operations team. They realised that these two departments have been doing a lot for their school and thus, would like to use this project to appreciate them. They conducted interviews with the staff and played them around school as a form of appreciation and recognition. All secondary classes were also asked to write thank you notes for the staff in the library and operations team. These notes were collected by the student organisers and then passed to them.

As a part of a service project we the students of OWIS would like to express special thanks to two most impactful departments in our school – the library and the Operations team. Libraries are not so easy to maintain. They have to be staffed and require a lot of real estate to house all those books. To maintain such a structure in an organisation one requires a lot of resources and management.



## **One World International School (Group 3)**

### **Project Cyber Kindness**

#### **Project Done By:**

Juan Martin Tobar Cordoba, Marjorie Gibson, Afia Gupta, Gabriela Ungur, Aradhana Chandramouli, Jeremias Earl Tetangco, Ho Yan Hilary Tang, Gabriel Zhong Tian Su, Shane Sidhu, Yash Talwar, Andrei-Odun Popov, Phoenix Adachi, Jared Zhi Min Ang, Soumya Anna Eapen, Diego Fermin Hautamaeki, Wei En Ng, Alex Belwin, Yuuto Hatase, Bruce Meinen, Adam Mohamed, Danielle Makena Mwenda Goh, Sunmin Jeong

#### **Educator(s) In-charge:**

Mr Lim Han Wern





This project was created to encourage others to spread kindness, especially on the internet. The students created several display boards for others to pledge how they can be kind in cyberspace. To get more students to participate, the students went around the canteen during break times to encourage others to pledge. These display boards with all the pledges were then displayed around the school to serve as a source of motivation for students to be kinder and more respectful in cyberspace.

Our project aims to also spread kindness in general and to allow the kindness giver to realise the benefits of showing kindness. Our class came up with the idea to get students to take a pledge on how they can be kind in cyberspace. They created a display board and went around the canteen during the break times to get students across all grades to take a pledge on cyber kindness.

Students focused on spreading cyber kindness around school. They created display boards and went around the canteen during break times to get students to take a pledge on cyber kindness. Grade 6-8 students participated in the pledge taking. These display boards with all the student pledges were then displayed around school. These motivated the students to be kind in the online space and respect everyone even when behind a screen.



## **Pathlight School**

### **Choose Compassion, Choose Kindness**

#### **Project Done By:**

Yeo Guo Xiang, Adam Afif Bin Muhammad Ezuwan, Thaqifah Kaisah Binte Muhamad Suhaimi, Aalya Sofea Binte Abdussalam, Wu Jiaming, Nikita D/O Jayakumar, Sofia Binte Randy, Lim Bing Rui Aidan, Lau Sunn Hark, Raziel Bin Muhammad Azry, Ang Theng Yuan, Syakir Bin Suheiri, Lin Yuzhe Ashton, Aaron Jacob Caunan, Tan Qian Le, Soo Jia Yan Moirynne, Keshawn Ng Qing En, Yeo Chee Hean Philip, Nicky Lee Hou Ming, Sofia Ghan Ruhui

#### **Educator(s) In-charge:**

Mr Pang Piao Le Terence, Ms Ashley Ng Li Pin, Ms Nurul Insyira Binte Muhammad Razali, Ms Millie Mak Pui Yin, Ms Sajivani D/O Thanabal, Ms Tan Jing Yu Jaide, Ms Toh Chin Ning Ericka, Ms Syaza Binte Suhaimi, Ms Jasmine Teo Jie Min



Based on the theme of Appreciation and Respect, the student ambassadors from Pathlight School organised a kindness campaign to show their appreciation for their community. The campaign consisted of three parts.

Part 1 was named “Appreciation in a bag”. In this part, student ambassadors learnt the impact of waste and how to show appreciation for the planet. They also had to reuse their waste to create repeated textile patterns. One textile pattern was selected to be printed on tote bags that were to be filled with heartfelt letters from the student body and gifted to Pathlight School’s cafe workers as a token of appreciation.

In Part 2, “Kindness Heroes!”, student ambassadors shared kindness quotes and carried out acts of kindness to inspire others to be kind and appreciative. These quotes and acts were showcased at common transit areas of Pathlight School to spread awareness of the campaign and involve all in spreading kindness.

In the last part titled “Acts of Appreciation”, students were taught how to show appreciation and respect for their friends, teaching and non-teaching staff within the school. A noticeboard was set up in every classroom to showcase the different acts of appreciation initiated by the student ambassadors. This aimed to encourage others to do the same.



## **Paya Lebar Methodist Girls' School (Secondary) (Group 1)**

**#PLBodyPositivity**

### **Project Done By:**

Loo Zi Qi, Lim Kia Yi Cornelia, Gracie Tan En Xi, Chua Wen En,  
Shann Cheng Xinning, Tan Jing Wen

### **Educator(s) In-charge:**

Mrs Cheryl Chew, Ms Chong Chia Hwei



The objective of our campaign is to promote body positivity in our school. In an all-girls school, body image and self confidence is something that many teenage girls struggle with. So, our aim is to help boost confidence in body image and encourage students to be kind with their comments on physical appearance.

Our team consists of six Secondary 3 Well-Being Ambassadors who come from different classes. We started our campaign with the Awareness phase. This included making a pre-recorded video introducing our team and informing the school that we are launching a school-wide campaign to promote positive body image in our school. We also carried out a survey via Google forms to find out how students in our school viewed body positivity in terms of their ideal figures and other related struggles.

After the data was collected, we analysed them and used the analysis in the next phase of our campaign - the Understanding Phase. We presented about the importance of accepting different body types and the impact of this on one's self-confidence and sense of identity. Using the data collected, we assured the school that there is no one ideal body type, but different ideals for different people. We also updated the school of what would happen in the next phase of our campaign.

In the Action and Advocacy phase, we designed decals containing inspiring messages on body positivity and pasted them on our school's full length mirrors. We invited students to take mirror selfies with the decals as the frame of their photo, before posting them on their social media accounts with the hashtag #PLBodyPositivity to join us in our advocacy campaign. From what we have observed, many of our peers enjoyed this activity as they like taking selfies with their friends, and this added more meaning to their friendships, as they affirmed each other about how beautiful they were, regardless of body shape/size.



## **Paya Lebar Methodist Girls' School (Secondary) (Group 2)**

### **The Giving Tree**

#### **Project Done By:**

Low Song Ying Elysha, Yap Yu Shin Rebecca, Maanasa Lakshmi Narasimhan,  
Vanessa Ngoh Kai En, Charmaine Koh Shan-Lin, Ashley Kok En Qi

#### **Educator(s) In-charge:**

Ms Colleen Ng, Mr Jonathan Foo Qi Hui, Ms Brenda Colleemallay



**Objective:** To spread positive and encouraging messages so that our PL-lites would have a positive mindset even when facing challenges in their lives. We also wish to empower PL-lites so that they would stand firm in face of adversities.

**Purpose:** The kind and positive quotes can shape our mind, alleviate stress and improve our well being and most importantly letting them know that they are not alone but we PL stand together as one. We hope that our project is one that gives hope, life and love for all PL-lites.

**Aims:** Get the students to pass forward the message (on the bookmarks) to the other students or teachers to spread positivity. On top of that, we hope that our project is one that gives hope, life and love for all PL-lites. We also hope that even after our project is over, PL-lites would continue to spread positivity and kindness to everyone and know that they are not alone but we PL stand together as one to overcome adversities.

All students contributed in creating the bookmarks and setting up the trees. As well as creating slides and scripts for the final presentation.

**Achievements:** Students were seen passing the bookmarks to their friends and teachers. Some teachers also took the bookmarks for themselves / their class. It was truly heartwarming to see PL-lites and teachers coming to pick a bookmark and to write it to someone to brighten up their day and pass it to them as the bookmarks have also cheered many teachers and students up after a long tiring day at school or at work.



## **Raffles Girls' School (Secondary)**

### **Super FOS Odyssey**

#### **Project Done By:**

Lim Xin En Faith, Edrea Tan Hing Uan, Lim Zi Suan Rochelle, Ng Ray Qi Rachel,  
Suchita Manikandan, Chua Wei Xin, Lindzey Lin Zhi, Shayna Ong, Vanessa Goh,  
Sara Johnstone

#### **Educator(s) In-charge:**

Mrs Vivien Wilamme





This project consisted of 4 initiatives aimed at developing personal and social responsibility in students.

The first initiative, “Bring Your Own Utensils” focused on environmental responsibility. Students were encouraged to bring their own utensils to school instead of using the disposable ones from the canteen. This initiative was publicised on Instagram and during morning assembly.

The second initiative, “Friends of Singa Workout” focused on encouraging students to take responsibility over their health and lifestyle. A short and simple workout video was created for the students to follow during the morning assembly of sports day.

The third initiative, “Note-writing Initiative (Social & Personal Responsibility)” focused on the responsibility of taking care of themselves and their relationships with others. Students were provided with post-it notes to pen down apology or gratitude notes for their peers, which were then pasted on their lockers.

The last initiative, “FOS Shirts - Fundraiser” focused on the responsibility to help others in need. Students received an email asking for shirt designs. The chosen design was then printed on shirts and sold to the school community. Money made from this was donated to a charity organisation



## **School of Science and Technology**

### **Project AWesome**

#### **Project Done By:**

Nicole Sim Rui Shi, Angel Phan Li Hui, Ariel Tan Zhi Xin, Chang Yu Qian Cheryl,  
Lee Zhi Xuan Avilyn Joy, Chin Zhi Lin, Jarel Foo



Aligned with the school culture of gratitude and respect, a team of students from SST launched a campaign aimed at encouraging students to show their appreciation and respect to everyone in school.

This campaign comprised two events: Peer Appreciation Week (PAW) and Staff Appreciation Week (SAW). During PAW, the students participated in a secret buddy activity, which aimed at promoting inclusivity within classes. Meanwhile, during SAW, a concert was organised for all school staff and they received short appreciation notes and small tokens of appreciation from the students.



## **Tanjong Katong Girls' School (Group 1)**

**May The “FOS” Be With You**

### **Project Done By:**

Nur Arisha Binti Mohamed Radzif, Afiyah Binte Adam, Amelie Png Lee Woon, Alexis Leow, Cheong Pei En Alyssa Agatha, Adelia Binte Mohammed Iskandar, Chloe Tay Jun En (Zheng Jun' En), Shih Xin Ying Corrinne, Dorothy Toh, Ng Xun En Elysian, Yasha Nair, Kayla Tan, Chew Li Jing (Zhou Lijing), Ten Yu Xuan Trishelle

### **Educator(s) In-charge:**

Mrs Sng-Tang Yilin, Mdm Alena Puhari



This campaign focuses on the themes: appreciation and respect. The aim of this project is to recognise the school's staff importance and show them appreciation.

The campaign comprises 4 phrases: awareness, understanding, action and advocacy, and uses Instagram as the main medium of communication with the student body. To raise awareness and deepen the student body's understanding of the campaign, various posts (eg. behind-the-scenes footage, posts for upcoming events) were published on the account, @fos\_bwu.

In the action phase, students were asked to fold origami hearts using recycled paper collected from the school body, and write words of appreciation to the staff in school. These letters were compiled to create an artwork called the "He-artwork" which was displayed in the school canteen as a gift for the school staff. 2 videos shedding light onto the lives of a canteen vendor and security guard in school were also produced to deepen the student body's understanding of school staff.



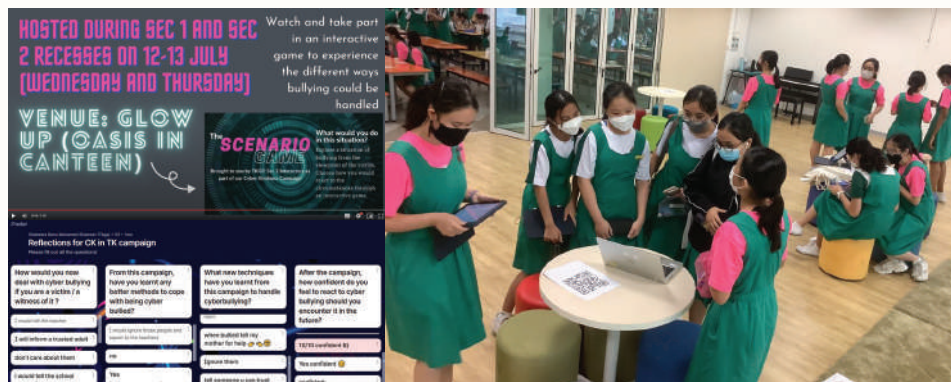
## **Tanjong Katong Girls' School (Group 2) CK In TK**

### **Project Done By:**

Joy Lee Yeen Ying, Lam Ee Peng Danielle, Ow Jing Rui Vanessa, Peh Si Min (Bai Simin), Ong Jean-Shayne Hannah, Leah Hardjoe (Li Rui En), Shaheera Banu D/O Mohamed Shameer, Amisha Kaur, Ho Shu-Min Emma, Farhah Faesal Binalib, Lee Yun Xi, Lim Jia Rong, Jovelle Tan, Ong Sheeya

### **Educator(s) In-charge:**

Mrs Sng-Tang Yilin, Mdm Alena Puhari



The Interact Club members in TKGS organised a campaign aimed at promoting cyber kindness among the student body in TKGS, and raising awareness of cyberbullying and how to respond if such circumstances arose.

For this campaign, a video to introduce the campaign was sent out to the secondary one and two students. An Instagram page, @ck\_in\_tk, was also created to post information relating to cyberbullying and promote the campaign. The main segment of the campaign was a “Scenario Game”, where a video about a girl getting bullied was shown to participants. The participant would have to explore the various ways of reacting to this scenario from the victim’s perspective. Each reaction came with a video showing the consequences of the reaction. Once they had thoroughly explored the different reactions, the participant would need to post a reflection on Padlet on what they have learnt.

All videos were acted and filmed by the student organisers of the campaign. All in all, many students have learnt the importance of cyber kindness through this campaign.



**Woodlands Gardens School**  
**Choose Friends, Choose Kindness**

**Project Done By:**

Aqil Syaputera Bin Muhamad Sufian, Fang Jieyu, Ahmad Huzairy Bin Suhardi,  
Thiyya D/O Ravinthiran, Er Ming Yuan Jordan, Lee Xin Hui, Lee Cai En,  
Wong Heng Tiang

**Educator(s) In-charge:**

Ms Santha Raman, Ms Kunalini D/O Doraisamy, Ms Josephine,  
Mrs Chia Chern Wong, Ms Tan Swee Huang





The objective of this project was to encourage students to respect and appreciate their peers. This project comprised several activities that happened during the week. Students had the opportunity to visit other classes and participate in all the activities.

The first activity was making a Friendship book and rainbow. The second was Project Partner where students were buddied up with peers who needed help with class work and school activities. The third one was a role-playing activity where students had to act out the kind act seen in their chosen picture card in scenarios given to them. The last activity was a game aimed at honing the students' social skills and teaching them how to respect each other when playing a game together.

Meanwhile, to emphasise the aims of the project, the team organized an assembly program and mass dance showcasing the values of care and respect, and played a video compilation of the activities done throughout the week.



**Yuvabharathi International School  
(Group 1)**

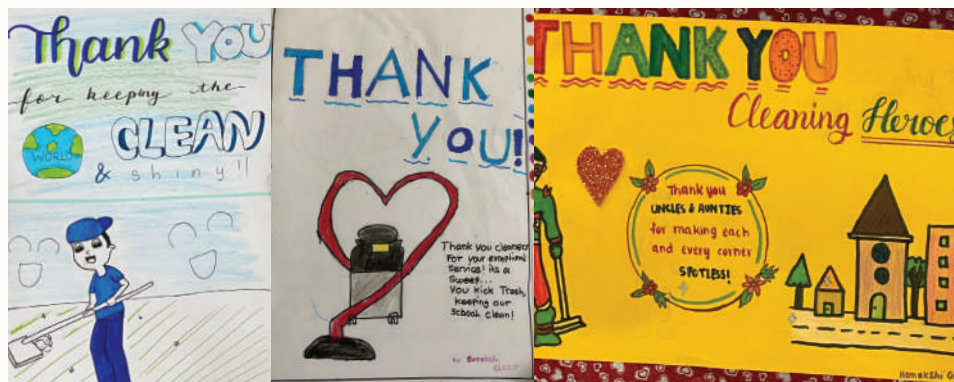
**The Magic Wand**

**Project Done By:**

Dewangan Veralika, Selvaraj Yuthica, Hemakshi Gandhi, Anish Aman Tiwari, Akshit Singh, Garagaparti Jahnvi Srija, Sheik Meerasa Mohamed Shaheem, Thanudhas Nisha Manu Dharshan, Sai Sudhan Thazhai Muthu, Anand Shweta, Das Trishan, Alaparathi Nikhilesh, Syed Haja Mohideen Abdul Hameed

**Educator(s) In-charge:**

Ms Shashi Tripathi, Ms Anju Akshay Sharma, Ms Swati Yadav



“The Magic Wand” is a project with the objective to encourage the student body to keep their environment clean and appreciate the hard work of the cleaners and the gardeners.

Videos and presentation slides were used to explain about the cleanliness rules and personal hygiene by the senior students. Several students were put in charge of cleanliness and were tasked to check the common areas regularly to maintain cleanliness in the campus while others were encouraged to clean up after themselves (e.g. using a mop when water spilled). Also, students were encouraged to appreciate the work of the cleaners and gardeners by making and putting up small thank you posters and cards around the common areas.



**Yuvabharathi International School**  
**(Group 2)**

**My Family My World**

**Project Done By:**

Singh Ishita Kumari, Sivakumar Vinay Siva, Manas, Prakriti Satpati,  
Chauhan Avani, Jashvi Bafna, Aravindh Ananya, Jandrajupalli Dia,  
Senthil Kumar Karthick, Meganathan Srinesh, Senthil Prakash Sonakshi, Arokia  
Roy Lawrence Irisha, Ambalavanan Gauthaman, Samuel Nixon Graham,  
Khandelwal Saanvi, Singh Sanvi, Sairam Shailesh, Poushya Sree Savanam,  
Arvinth Kumar Harshana, Malbari Naitik Rupesh

**Educator(s) In-charge:**

Ms Shashi Tripathi, Ms Anju Akshay Sharma, Ms Swati Yadav



“My Family, My World” is a project aimed at reminding children about the unconditional love from their parents and elders. The activities in this project focused on showing appreciation to family members as the organisers believed that it is important to reciprocate the same affinity and affection they gave to them.

The project organisers went to different classes to share the benefits of eating dinner with the family while the student body were also asked to do something special for their parents and take pictures with them. These pictures were then put on display boards. This activity received lots of positive feedback.

This same activity was also done in a Senior Activity centre. Different activities were conducted within a span of five days. The students performed skits on topics like healthy eating, and ate with the seniors in hawker centres. All in all, the students had a wonderful time together with their families and the seniors.



**Yuvabharathi International School**  
**(Group 3)**

**Just Love, Just Serve**

**Project Done By:**

Ishan Sheth, Shroff Sanji Piyush, Nagulapalli Sarvani, Krishna Moorthi Yuktha Priyavarthini, Maharana Jyoti, Sanjay Vasu, Suresh Kumar Karthika, Marimuthu Dowshik Ajaykumar, Das Sanjana, Swarnika Sharma, Verma Arshiya, Sarvesh Kannan, Ghosh Avani, Nebhwani Akshat, Khare Jagriti, Rjan Suresh Mitul, Basu Addaita, Sanjay Ruhan, Niyati Arora, Hitesh Venugopal Sumathi

**Educator(s) In-charge:**

Ms Shashi Tripathi, Ms Anju Akshay Sharma, Ms Swati Yadav



To start off the project, the students in this project formed groups and went to various classes to share what this project is about, and the importance of being kind to each other. Donation from students were used to buy the goodie bags for the school's non-teaching staff, which were gifted to them on National Day. To show further appreciation for their work, presentation slides were made by the students to thank them for their ceaseless work.

An exchange programme with the neighbouring school was also arranged for the student body on Racial Harmony Day. This programme aimed to deepen the students' understanding of the importance of diversity in Singapore. The students had the opportunity to meet and interact with students of other races. During this activity, the bond between both schools was strengthened and enhanced.



## Write for Kindness 2022

Write for Kindness (WFK) is a national creative-writing competition organised by the Singapore Kindness Movement (SKM), with the Singapore Book Council as our programme partner. It is a platform for secondary school, junior college, centralised institute, madrasah, special education and international school students to promote kindness to the younger audience by creating age-appropriate and culturally relevant children's stories, through short stories, poetry, illustrations and songs.



### **This competition aims to promote:**

- The value of kindness through stories and poems which focus on the theme 'Kindness Makes Us Stronger'.
- The importance of stories and poems to positively impact pre-school children in their character development.
- Story and poetry as creative means of expressing cultural values.
- Teamwork among students who work together on the stories, poems and illustrations for pre-school children.
- The appreciation and development of literary arts and local literature in our society.

### **The entries are graded according to:**

- Clarity of the message
- Relevance to target audience
- Language
- Creativity and originality of ideas
- Illustration
- Song composition
- Usage of poetic devices and forms





# STORY-WRITING AND ILLUSTRATION

## **Winner and Best Illustration**

Dunman High School

*Kindness is Power*

## **1<sup>st</sup> Runner Up**

Holy Innocents' High School

*The Invisible Boy*

## **2<sup>nd</sup> Runner Up**

Pathlight School

*"Meow, Can You Help?"*

## **Consolation**

Nanyang Junior College

*"We Can't Get Our Ball!"*

## WINNER AND BEST ILLUSTRATION

**Dunman High School**

**Kindness is Power**



### **Written and Illustrated By:**

Ethan Tan Ee Hom, Hosea Kok Si Yuan, Callie Bay Yuan Yi,  
Aden Tan Rui Ze, Chua Yuan Yee, Isabella Lee Wei

**What is a superhero?**

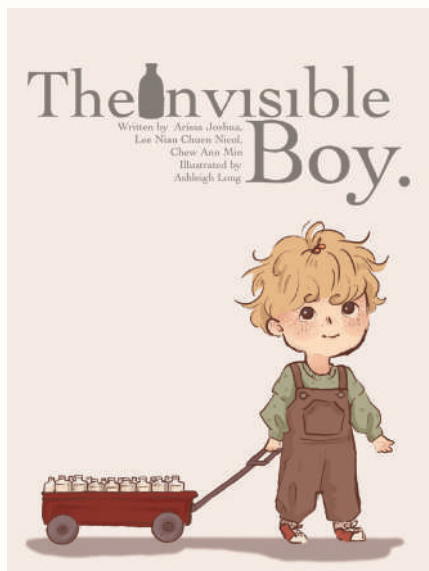
**How do you become someone's superhero?**

In Superville, there lived a group of Superkids who could only increase their super powers if they did kind acts. Journey with them as they learn from their family, friends and teachers on what kindness is, and YOU can become a Superkid like them!

## 1<sup>ST</sup> RUNNER UP

Holy Innocents' High School

The Invisible Boy



### Written and Illustrated By:

So An Ying, Edith Pang, Chew Ann Min, Ashleigh Jade Long,  
Arissa Joshua, Lee Nian Chuen Nicol

Do you know of someone who loves bringing joy to others' lives? Johnny the delivery boy does just that in his own special ways! But what happens when he needs help?

**2<sup>ND</sup> RUNNER UP**  
**Pathlight School**  
**“Meow, Can You Help?”**



**Written and Illustrated By:**

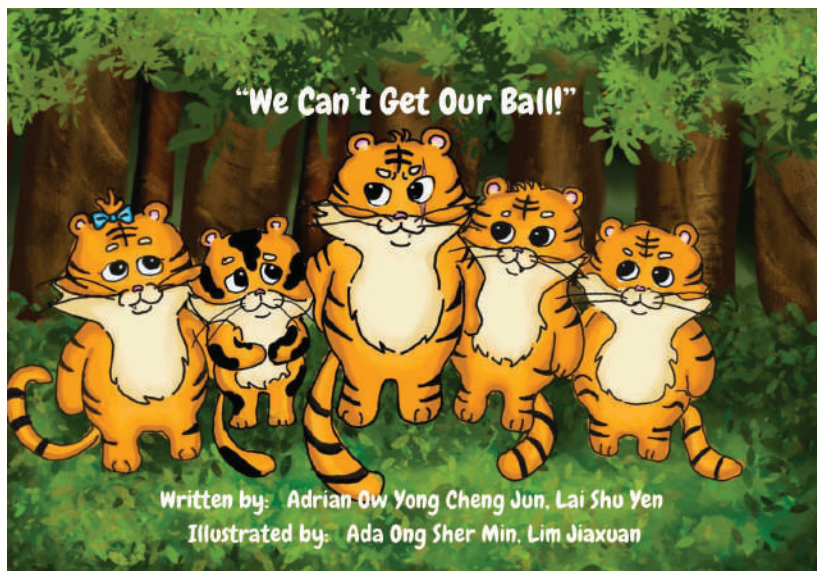
Faith Lim Kaylin, Eang Le An Joshua, Havinaash Raajeevan,  
Athirah Binti Alias, Alton Tan Shao Lun

Charlie lives in a village together with his cat family. However, the villagers are not kind to them except for Aunt May. One day, Aunt May falls ill. How can Charlie and the cats help Aunt May to feel better?

## CONSOLATION

Nanyang Junior College

“We Can’t Get Our Ball!”



### Written and Illustrated By:

Adrian Ow Yong Cheng Jun, Brandon Tan, Lim Jiaxuan, Lai Shu Yen,  
Chandraratne Aiko Tiranya Kumari, Ada Ong Sher Min

The story revolves around five tigers in the Forest of Kindness, with one tiger named Meaty being more special than the rest. Meaty was often bullied and left out. Soon, an incident occurs and the four tigers realise that they need Meaty’s help. What will happen to Meaty and the other tigers?



# POETRY-WRITING AND ILLUSTRATION

## **Winner and Best Illustration**

Anglo-Chinese Junior College

*The Superpower We All Have*

## **1<sup>st</sup> Runner Up**

DPS International School

*The Power of Kindness*

## **2<sup>nd</sup> Runner Up**

Crest Secondary School

*Stronger Together*

## **Consolation**

St Francis Methodist School

*A Sunshine of Kindness Warms into Life*

# WINNER AND BEST ILLUSTRATION

Anglo-Chinese Junior College

The Superpower We All Have



Written and Illustrated By:

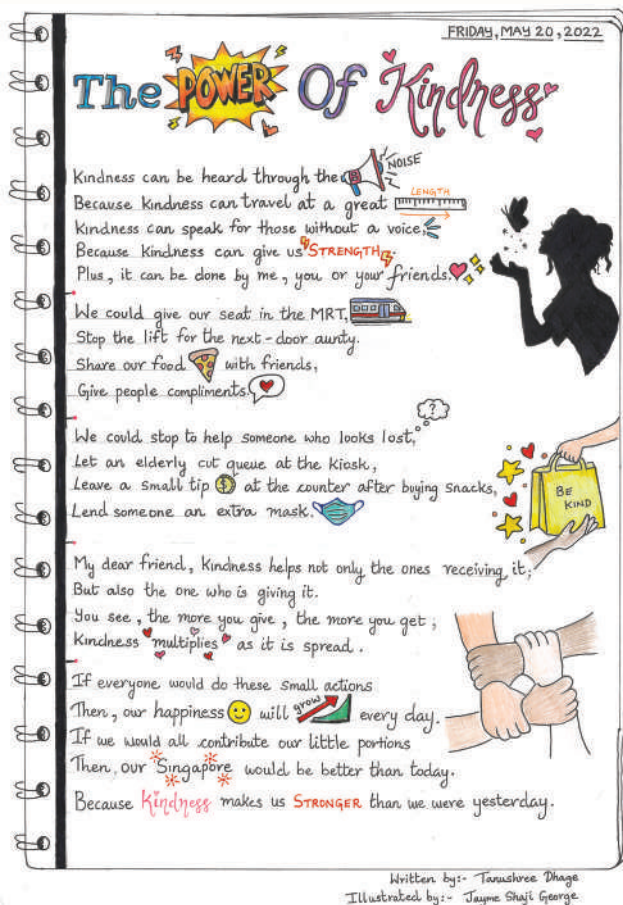
Lee Tze Jo, Valerie Tan Hui Yu



# 1<sup>ST</sup> RUNNER UP

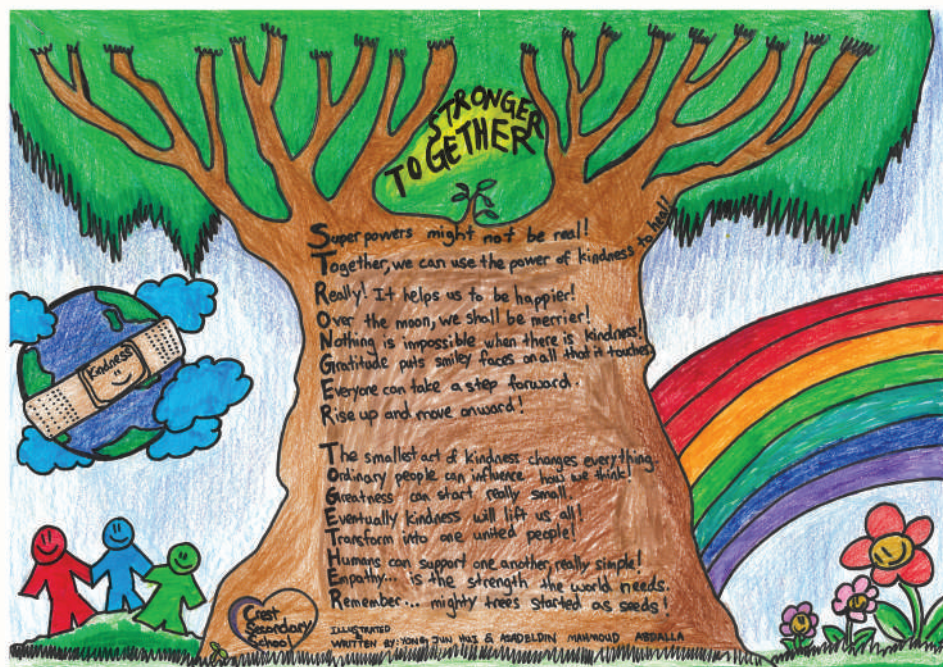
## DPS International School

### The Power of Kindness



Written and Illustrated By:  
 Jayme Shaji George, Tanushree Dhage

**2<sup>ND</sup> RUNNER UP**  
**Crest Secondary School**  
**Stronger Together**



**Written and Illustrated By:**  
Asadelain Mahmoud Abdalla, Yong Jun Hui

# CONSOLATION

St Francis Methodist School

A Sunshine of Kindness  
Warms into Life



Written and Illustrated By:  
Liu Chunyi, Qiao Silu



## Kindness Badge Award

The Kindness Badge is a mark of distinction awarded to secondary school students in the Uniformed Groups who have completed projects that promote kindness and graciousness in their schools and the community. These projects may take the form of digital campaigns or physical initiatives on topics such as Neighbourliness, Cyber Kindness, Foreigner-Local Integration, and Mental Wellness & Empathy.

There are two phases of the KBA programme:

- KBA Phase 1 – Attend a workshop
- KBA Phase 2 – Complete a kindness project

For the topic of Mental Wellness & Empathy, SKM partnered with Beyond the Label (BTL), a movement by the National Council of Social Service (NCSS) to address stigma faced by persons with mental health conditions in society, educate and equip the public with skills to better support those with mental health conditions, and facilitate more conversations about mental health to promote social inclusion. Resources on mental health and its prevailing stigma provided by the BTL team were shared with and used by students who have participated in KBA 2022.

Through the KBA programme, SKM aims to encourage students to think about and act on community issues, by working as a team to cultivate more kindness in our society.

## Uniformed Groups Participating in the Kindness Badge Award 2022





## FEATURED PROJECTS

- 01** Ahmad Ibrahim Secondary School - Girl Guides
- 02** Anderson Secondary School - Girl Guides - A
- 03** Anderson Secondary School - Girl Guides - B
- 04** Anglo-Chinese School (Independent) - NCC (Air) - A
- 05** Anglo-Chinese School (Independent) - NCC (Air) - B
- 06** Anglo-Chinese School (Independent) - NCC (Air) - C
- 07** Anglo-Chinese School (Independent) - NCC (Land) - A
- 08** Anglo-Chinese School (Independent) - NCC (Land) - B
- 09** Anglo-Chinese School (Independent) - NCC (Land) - C
- 10** Anglo-Chinese School (Independent) - NCC (Sea) - A
- 11** Anglo-Chinese School (Independent) - NCC (Sea) - B
- 12** Anglo-Chinese School (Independent) - NCC (Sea) - C

## FEATURED PROJECTS

- 13** Bowen Secondary School - Girl Guides - A
- 14** Bowen Secondary School - Girl Guides - B
- 15** Bowen Secondary School - Girl Guides - C
- 16** Canberra Secondary School - NCC (Land) - A
- 17** Canberra Secondary School - NCC (Land) - B
- 18** Canberra Secondary School - NCC (Land) - C
- 19** CHIJ St. Joseph's Convent - St John Brigade - A
- 20** CHIJ St. Joseph's Convent - St John Brigade - B
- 21** CHIJ St. Joseph's Convent - St John Brigade - C
- 22** Compassvale Secondary School - Girl Guides
- 23** Compassvale Secondary School - NCC (Air) - A
- 24** Compassvale Secondary School - NCC (Air) - B







## FEATURED PROJECTS

- 25** Deyi Secondary School - NCC (Land) - A
- 26** Deyi Secondary School - NCC (Land) - B
- 27** Gan Eng Seng School - St John Brigade - A
- 28** Gan Eng Seng School - St John Brigade - B
- 29** Gan Eng Seng School - St John Brigade - C
- 30** Hillgrove Secondary School - Air Scouts - A
- 31** Hillgrove Secondary School - Air Scouts - B
- 32** Hillgrove Secondary School - Air Scouts - C
- 33** Jurongville Secondary School - Girl Guides
- 34** Kranji Secondary School - St John Brigade - A
- 35** Kranji Secondary School - St John Brigade - B
- 36** Mayflower Secondary School - NCC (Land) - A



## FEATURED PROJECTS

- 37** Mayflower Secondary School - NCC (Land) - B
- 38** Mayflower Secondary School - NCC (Land) - C
- 39** Meridian Secondary School - NCDCC - A
- 40** Meridian Secondary School - NCDCC - B
- 41** Meridian Secondary School - Red Cross Youth - A
- 42** Meridian Secondary School - Red Cross Youth - B
- 43** New Town Secondary School - NCC (Land)
- 44** Paya Lebar Methodist Girls' School (Secondary) - St John Brigade
- 45** Peirce Secondary School - Scouts
- 46** Regent Secondary School - Boys' Brigade
- 47** Regent Secondary School - Girls' Brigade
- 48** Singapore Chinese Girls' School - NCC (Land) - A





## FEATURED PROJECTS

- 49** Singapore Chinese Girls' School - NCC (Land) - B
- 50** St. Joseph's Institution - NCC (Air) - A
- 51** St. Joseph's Institution - NCC (Air) - B
- 52** St. Joseph's Institution - NCC (Air) - C
- 53** St Patrick's School - NCC (Air) - A
- 54** St Patrick's School - NCC (Air) - B
- 55** Swiss Cottage Secondary School - NCC (Air) - A
- 56** Swiss Cottage Secondary School - NCC (Air) - B
- 57** Temasek Secondary School - NCC (Land) - A
- 58** Temasek Secondary School - NCC (Land) - B
- 59** Yishun Secondary School - NCC (Land) - A
- 60** Yishun Secondary School - NCC (Land) - B



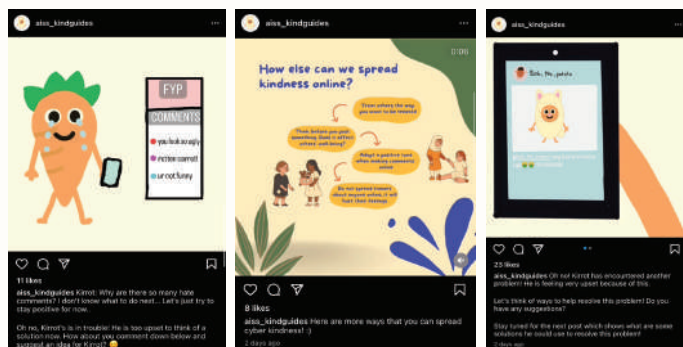
## FEATURED PROJECTS

- 61** Yishun Secondary School - NCC (Land) - C
- 62** Yishun Town Secondary School - Girl Guides - A
- 63** Yishun Town Secondary School - Girl Guides - B
- 64** Yishun Town Secondary School - Girl Guides - C
- 65** Yishun Town Secondary School - Girl Guides - D
- 66** Yuying Secondary School - NCC (Land) - A
- 67** Yuying Secondary School - NCC (Land) - B



# Ahmad Ibrahim Secondary School

## Cyber Kindness With Kirrot



### Project Done By:

Angelina Oh Shu Ling, Deanysha Putri Binte Zailani, Joey Pua, Teng Jia Qi, Sakeena Affikha Putri Mohamed Affendy, M Lekisha, Sankar Gowri, Tan Xin Ya Enya, Goh Eehui, Jenette, Sim Shi Ting, Inani Binte Daud Dave Nonis, Tan Yee Xuan, Neo Shu Ting Alice, Adlin Ilyana Binte Azman, Yugathisswary D/O Krisnan

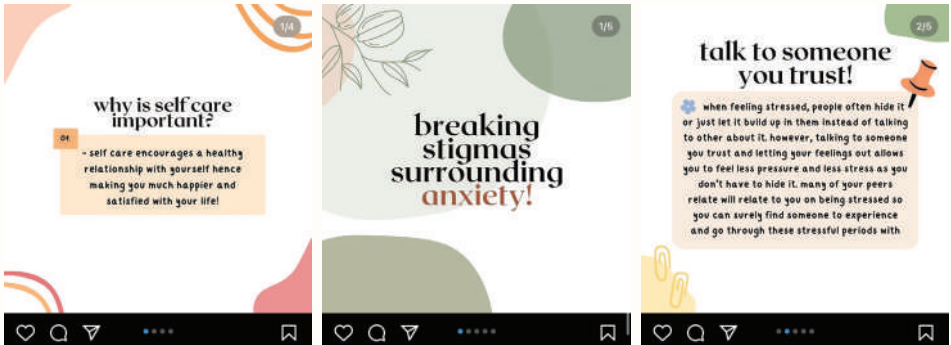
**Uniformed Group:**  
Girl Guides

**Instagram:**  
@aiss\_kindguides

The Guides designed their campaign mascot, a carrot named 'Kirrot', to bring their followers through a journey to learn about cyber kindness. Through the graphics and scenarios created, they discussed the importance of being aware of what we post online and adopting a positive tone when leaving comments on social media platforms, so as to build a kinder cyberspace for everyone.

# Anderson Secondary School

## All Ears For You



### Project Done By:

Kaza Hamsitha Chowdary, Charlotte Tay, Izzah Khairyna Binte Mohammed Azree, Koh Pei Shan Vianne, Pearl Joshy, Su Wadi Htet, Naomi Mathenis, Ashley Lau Si Yi, Toh Kai En Kelly, Toh Xinru Iris, Janet Lee Yi Xuan, Vivien Tan An Qi, Diksha Srinivasan, Low Wen Xin Emily, Ong Rui Xin, Tricia Ang Le Yu, Parthiban Deepashri, Oviyaa Suresh, Kayen Yak Yu Xuan

### Uniformed Group:

Girl Guides - Group A

### Instagram:

@all.earsforyou

The Guides curated an Instagram campaign to spread awareness of mental health. They highlighted the issue of stigma surrounding mental health conditions, such as depression and anxiety, and also shared a few tips that youths can use to better support their friends who may be in distress. Some tips reflected include encouraging students to lend one another a listening ear, and getting a friend to seek help from a counsellor if problems get overwhelming. They hoped to promote greater empathy in their school community through this campaign.

# Anderson Secondary School

## Neigh-bear-liness



### Project Done By:

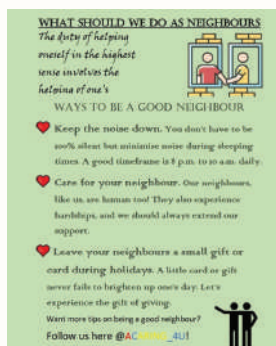
Pangilinan Yasmine Dila, Vanessa Leong Mei Kei, Clare Leung Wei Zhen, Kaelyn Fong Kaining, Rizqin Ysabelle Muhammad, Guo Xuling, Pranavinaya Raj Joseph, Betsey Aimee Huang, Chua Ya Yi Karin, Loong Jade, Faheemah Shifa Binte Mohamed Faizal, Trinity Ong Tian Tian, Go Rae Anne, Elise Chan Yin Li, Sera Goh Yu Xuan, Loh Zi Yi Jaslyn, Dheekshita Senthil Kumar, Neha Prasanth, Venkatraman Roshnee

**Uniformed Group:**  
Girl Guides - Group B

**Instagram:**  
@neighbearliness

Wanting to champion kindness in our neighbourhoods, the students initiated a digital campaign where they introduced their mascot, Ben the Bear. This mascot was used to exemplify the different ways in which one can be a friendly and considerate neighbour. Alongside attractive illustrations of other fictional characters, the team educated their Instagram followers on how good relations can be formed among neighbours and how certain conflicts can be peacefully resolved, thereby contributing to a more pleasant neighbourhood.

# Anglo-Chinese School (Independent) ACCaring For You



## Project Done By:

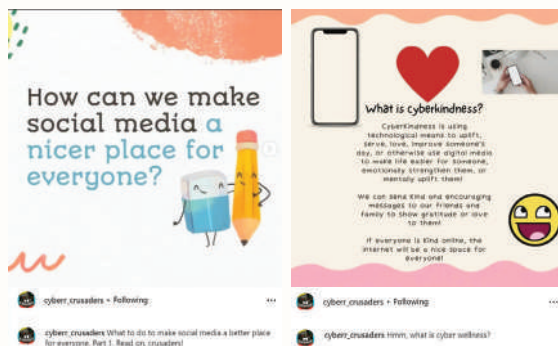
Murali Mourya, Karan Gopu Pillai, Jerome Chan Yeak Yern, Cameron Lim Ren Yi, Soh Koen, Ee Eu-Jin, Elisha Pang Qi Ye, Hu Weiming, Aidan Teh Ren Kai, Kyle Kei, Nagarajan Praveen, Ethan Tan Jun En

**Uniformed Group:**  
NCC (Air) - Group A

**Instagram:**  
@acaring\_4u

Using their school's name to frame the project title, the cadets set up an Instagram page to promote kindness and friendships among neighbours. They posted content exemplifying small ways in which people can care for their neighbours, by being considerate and proactive in their interactions. An example that was given includes bringing cooked meals to elderly or sick neighbours every once in a while, if one can afford to, as such simple acts of kindness can have a big impact on others.

# Anglo-Chinese School (Independent) Cyber Crusaders



## Project Done By:

Acharya Viren Piyush, Seth Neo En Hao, Dhruv Raj Chitrada, Reyes Lee Yui Hou, Abhay Lakshmi Narayanan, Aditya Ratra, Daniel Jude Choy, Muhammad Faheem Bin Mohammand Yasin, Peter Paulraj Birigin, Xavier Wong Far Jin, Ng Zu En, Josh (Huang Zuen), Amish Praveen

**Uniformed Group:**  
NCC (Air) - Group B

**Instagram:**  
@cyberr\_crusaders

To encourage the spread of kindness and compassion in cyberspace, the cadets emphasized the importance of thinking through before leaving comments on online platforms. Through the Instagram posts, they encouraged their online audience not to repost or add on to harsh content on social media, among their other tips shared. The team also urged individuals to be upstanders instead of bystanders when observing the common issue of cyberbullying, so that social media can be a nicer and safer place for everyone.



# Anglo-Chinese School (Independent)



## We Care 4 Neighbours



### Project Done By:

Tan Hong Joo, Kunduru Aditya Sriram, Prathyush Shivaprakash Rao,  
Bhavesh Bommaiahgari, Balamurugan Sharan Pragadesh, Kandasami Rohith,  
Julian Chng Yi Han, Jonathan Lau Jia Shen, Jude Tang Xiangyu, Matthew  
Chu Jun Yuan

**Uniformed Group:**  
NCC (Air) - Group C

**Instagram:**  
@project\_neighbours

The students' Instagram campaign was focused on sharing how Singaporeans may have more positive relationships with their neighbours. Actions such as greeting one's neighbours, mingling with them and helping them water their plants when they are abroad were suggested, among others. Through their various posts, the students hoped that people can spur one another on in showing care towards neighbours and cultivating a more pleasant living environment.

# Anglo-Chinese School (Independent)



## “Distant Relatives Are Not As Good As Close Neighbours”



### Project Done By:

Finn Lee Guan Ze, Darius Ker Heng Kai, Ethan Yang Cexiong, Joshua Ho Kai An, Sethunath Manusabarinath, Ang Jia Yong Joshua, Bong Hao Heng Dylan, Chan Yu Zhe, Ezekial Chia En Xuan, Isaac Lim Sze Yuan, Leow Zheng Kai Marcus, Mohammad Ahnaf, Tham Wei Jian, Kenneth Raphael Lim

### Uniformed Group:

NCC (Land) - Group A

### Instagram:

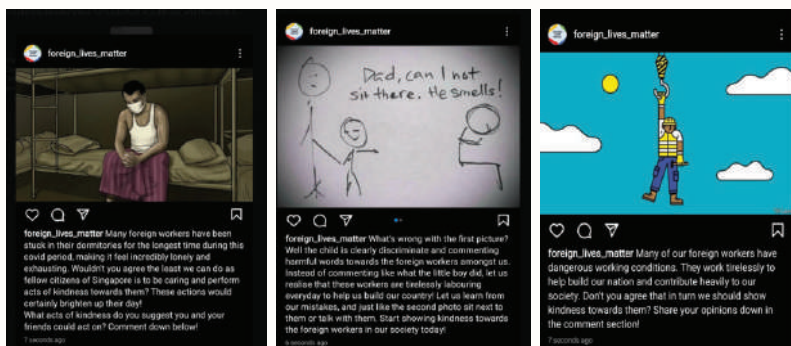
@neighbours\_are\_important

Using the translation of a famous Chinese idiom, the cadets titled their project as above and spread the message of neighbourliness on their Instagram page. They gathered images depicting kind actions between neighbours and posted these along with their own captions and takeaways, in order to show their online audience how good neighbourliness can benefit a community.

# Anglo-Chinese School (Independent)



## Harmonious Living With Foreigners



### Project Done By:

Lin Yi Kai Nathaniel, Hu Wenzhe, Lee Yu Kit Ethan, Aidan Ong Wei Sheng,  
Lim Kee Yew Darius, Lucas Yeo Zong Yu, Riley Cho Wei Jie, Tan Kee Hu  
Isaac, Tan Zheng Jie Elijah, Ting Shi Rui Daniel, Daniel Wan Jit Chin, Lim  
Cong Lincoln, Wu Jun En, Jayden

### Uniformed Group:

NCC (Land) - Group B

### Instagram:

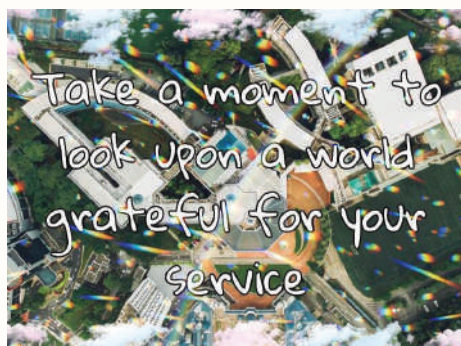
@foreign\_lives\_matter

The team's digital campaign was aimed at encouraging greater respect and appreciation towards foreigners in our society. They highlighted how migrant workers may face challenges being away from their home countries, and might even encounter discrimination from time to time. The team hoped to urge locals to extend kindness towards foreigners who live amidst us so that we may foster a more pleasant community for all.

# Anglo-Chinese School (Independent)



## Behind The Scenes



### Project Done By:

Aidan Chen-Kai Todd, Jordan Lim, Nathanael Jude Joseph, Wong Yan Song, Heah Jae Ren, Samuel Ho Khai Sheng, Lester Lim Yew Suan, Wai Song Yi Ethan, Ewan Lim Zheng Yu, Aiden Yap, Li Cheng Kun, Isaac Tew Shaun Kai, Maximus Chia Chen Fong, Aaron Goh

### Uniformed Group:

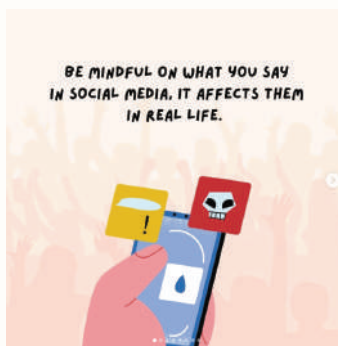
NCC (Land) - Group C

### Instagram:

@behindthescenes\_appreciation

Recognising the dedication of the teaching and non-teaching staff in their school, the cadets initiated an appreciation campaign by sharing posters on Instagram. Their purpose was to educate their schoolmates on the importance of expressing gratitude to the people who work tirelessly behind the scenes for students' well-being, instead of taking these staff members for granted.

# Anglo-Chinese School (Independent) AC Netiquette



## Project Done By:

Ken Yokota Soh, Ryoji Ryan Loh, Dylan Choo Yong Yi, Ashton Tan Jun Wei,  
Liu Yi Fan, Wigang Koo, Erick Tio Ding Fan, Ang Sen Zhe Micah, Timothy  
Owen Kee, Huang Ruikun, Robbie Chua Zong Chen, Ang Robert Lee,  
Arshneal Singh

**Uniformed Group:**  
NCC (Sea) - Group A

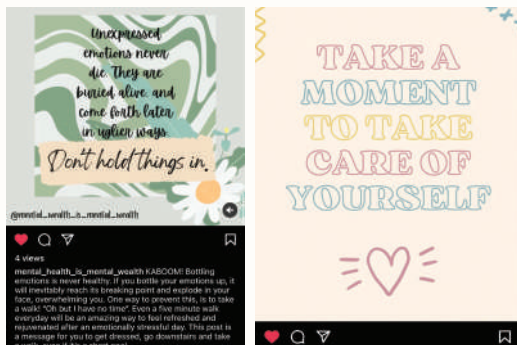
**Instagram:**  
@kindness\_at\_ac

Given that many youths are increasingly accessing online platforms, the students set up an Instagram page to post content about cyber-wellness. They designed and posted infographics, quizzes and bingo activities to educate their followers on the right actions to take when witnessing or facing negative situations such as cyberbullying. Through this campaign, the students hoped to promote better and kinder practices in the digital space.

# Anglo-Chinese School (Independent)



## Mental Health Is Mental Wealth



### Project Done By:

Lim Yao Quan Michael, Lam Tian Lei Torrey, Gerrard Tay Lang, Ong Wen Rui Lucas, Adam Yujie Lee De Guzman, Christopher John Tan, Chong Yi Yao, Edison Sim, Kua Ngan Tun, Eken, Lim Shing, Baron Leong, Ong Qian Le

**Uniformed Group:**  
NCC (Sea) - Group B

**Instagram:**  
@mental\_health\_is\_mental\_wealth

To emphasise the importance of good mental health, the cadets embarked on an Instagram campaign where they shared self-care tips and encouraging quotes. They explained how anyone can be affected by mental health struggles, whether they are students, working adults or the elderly. They reminded their online audience to be kind and empathetic towards one another, as people may not know what challenges others are going through.

# Anglo-Chinese School (Independent)

## Mental Wellness And Kindness @ AC



### Project Done By:

Darshan Moorthy, SG Haris Kumar, Emmanuel Chen Yu Yang, Daniel Loh  
Zhen Yi, Jonathan Jevielin Kristianto, Ciaran Chew Wen Ye, Raphael Min  
Htet, Peng Shitao, Kuo Chi-Yun Vince, Satheesh Shreeram

### Uniformed Group:

NCC (Sea) - Group C

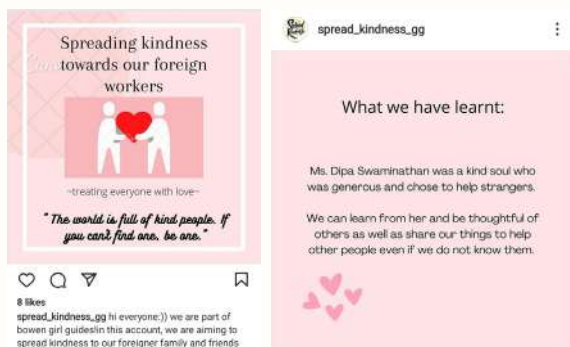
### Instagram:

@mentalwellness\_ac

The cadets created an Instagram page to spread the message of caring for oneself and looking out for one another's well-being. Focusing on mental wellness within their school, they shared about this page with their peers, encouraging everyone to show kindness, manage their stress levels and reach out for support when they need it. Mental health helplines that youths may contact were also incorporated within the team's Instagram posts.

## Bowen Secondary School

### Raising Awareness On Treating Migrant Workers Kindly



#### Project Done By:

Alagesan Mrittika, Emma Tan Yu Qi, Charvika Arun, Klara Teo Kai Qi,  
Akshayaa Karthikeyan, Claudia Wu Yue Yin

**Uniformed Group:**  
Girl Guides - Group A

**Instagram:**  
@spread\_kindness\_gg

The Guides set up an Instagram page to tackle the project topic of Foreigner-Local Integration. They featured a few articles reflecting acts of kindness done for migrant workers by our local community, and posted their own takeaways from these articles. They also highlighted the contributions and hard work by migrant workers in the construction industry here, and promoted the idea of showing more respect and empathy towards them.



## **Spreading Kindness To Our Foreign Friends!**



### **Project Done By:**

Rachel Teo Rui En, Neo Foong Ling Eva, Riya Surabhi Prasad Patil,  
Rahamath Nur Saleha Binte Hajanajmuddin, Karthikeyan Arundhadhi

**Uniformed Group:**  
Girl Guides - Group B

**Instagram:**  
@bwss\_contagious\_smiles

With the intention of improving locals' understanding of migrant workers and their experiences, the team embarked on an online campaign to showcase stories and information which they gathered through their research. Additionally, they discussed ways in which everyone in Singapore, ranging from children to adults - can play a part in showing appreciation and kindness towards migrant workers. The team hoped to encourage Singaporeans to go a step further in making migrants feel more welcomed in our community.



## Bowen Secondary School

### Project 'I Don't Mind'



#### Project Done By:

Cynthia Prabakar, Sweetlin Jebisha Nelson, Preethi Ravichanran, Sarvika Saravanan, Hanin Ahamed, Edwin Sandanaraj Judith Sandra

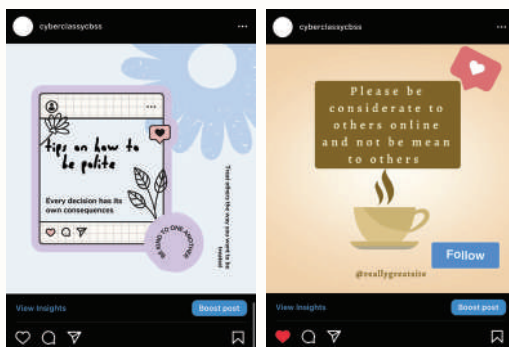
**Uniformed Group:**  
Girl Guides - Group C

**Instagram:**  
@\_.dont\_.mind

Wanting to generate awareness on the importance of mental well-being, the Guides used their Instagram page as a platform to share tips for self-care. These tips included maintaining a good sleep schedule and engaging in relaxing hobbies, among others. The Guides urged their followers to have empathy for one another and lend a listening ear when possible, and they hoped their online campaign would make more people feel comfortable with discussing the important issue of mental health.

## Canberra Secondary School

### Cyber Classy



#### Project Done By:

Jarvis Neo Jia Yi, Jesse Sing Jing Hong, Ong Yong Pin, Mohd Ithar Darwisy Bin Noor Ahmad, Tiffany Yong Hui En, Nur Ellisha Binte Muhammad Zaini, Nur Fashaeryna Binte Kasmat, Lucius Loh, Travon Lim Yu An, Sandra Atiqah Binte Sallen, Bryan Ang Kang Kiong, Eng Chen Yi

**Uniformed Group:**  
NCC (Sea) - Group A

**Instagram:**  
@cyberclassycbss

Armed with the project idea to champion kindness in cyberspace, the cadets embarked on an Instagram campaign to share tips on how to be polite and kind online. They emphasised the importance of treating others the way we wish to be treated, by using respectful words and taking a step back to think before posting comments online. They also pointed out how individuals' different opinions should be accepted and respected on digital platforms.

## Canberra Secondary School

### 'Sea' Your Neighbours



#### Project Done By:

Catalina Hannan Tupaz, Ong Chu Heng Ian, Ng Jia Le Joseph, John Ivan Nuestro Castro, Li Minrui Verlyn, Kong Wen Yao, Ifa Erlina Binte Imran, Ilyas Bendjenni, Yeo Chee Seng Brian, Khor Zheng Yue, Zayden, Teo Yan Sheng, Mohamed Zuryel Sha Bin Mohamed Zaki, Ndu Isfahan Bin Sahari

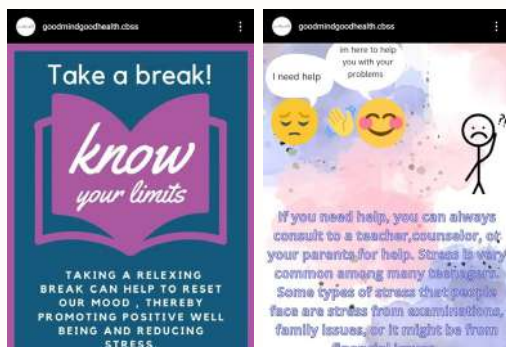
**Uniformed Group:**  
NCC (Sea) - Group B

**Instagram:**  
@seayourneighbors\_cbss

The cadets designed multiple posters about neighbourliness and shared these on their Instagram page. Tapping on wordplay with their NCC unit's name, their campaign is titled 'Sea' Your Neighbours, thus encouraging people to notice and show kindness towards the individuals living around them. Through their Instagram posts, the cadets hoped to inspire their followers to engage in conversations and lend a helping hand to their neighbours whenever possible.

## Canberra Secondary School

### Canberra Puts The 'E' In Empathy



#### Project Done By:

Rohan Sivanantham, Muhammad Shahfi Aqil Bin Muhammad Shah Wee, Muhammad Faris Iman Bin Muhammad Azhar, Khyrul Faatihin Bin Mohamed Faizal, Muhammad Zufar Syarif Bin Muhammad Zaidi, Daren Ng Zhi Ming, Lim Le Xuan Anastasia, Wong Wilbur Felipe, Wang Yingting, Lim En Qi, Nivitta Sabu

**Uniformed Group:**  
NCC (Sea) - Group C

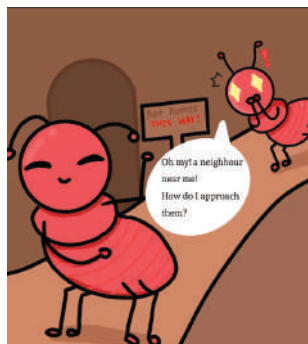
**Instagram:**  
@goodmindgoodhealth.cbss

Recognising that mental health is a crucial topic in our society, the cadets started a digital campaign to share information on stress management and seeking help. They used their Instagram posts to explain how teenagers may reach out to their teachers or parents if they encounter mental health challenges and require support. Also, they talked about being kind to one another and speaking up when noticing instances of bullying.



## CHIJ St. Joseph's Convent

### Know One 'Ant'-other



#### Project Done By:

Magdalene Wong Zhi Xuan, Marriya Hairil, Maryam Binte Assarafali, Sayson Ma Aiyanna Erika Agcaoili, Diandra Paramitha Yanuar, Goh Zhi Ning Felicia, Madsen Kalei Kai, Celeste Ong, Shirin Suraj, Tan Ke An Diana, Lor Kah Yian, Kaylee (Luo Jia'en, Kaylee), Heah Charmayne, Sudhagar Parinitha

#### Uniformed Group:

St John Brigade - Group A

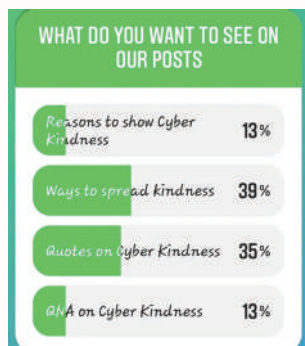
#### Instagram:

@know1antother\_sjb

A group of students organised a campaign focused on encouraging good neighbourliness. Their self-designed mascot, 'Antmelia' was showcased on Instagram to provide tips on how people can be more friendly and caring towards their neighbours. The students also engaged their online audience by asking about the challenges that individuals face when it comes to interacting with one's neighbours, and offered a few suggestions on how to break the ice.

# CHIJ St. Joseph's Convent

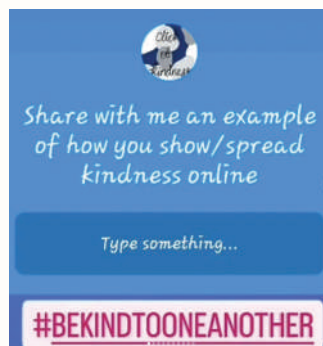
## A Click Of Kindness



### tips on cyber kindness

*Think before you comment!*

*A lot of negativity is caused by people commenting mean things on others comments section, the negative behavior will influence the person posting the picture and may affect them emotionally and vulnerably*



### Project Done By:

Yeo Jia En Callie, Asokan Vino Sahana, Kaylene Tan Xin Yi (Chen Xinyi), Subiksha Saktivel, Hazel Chua Jing Xuan, Giovannette Ng Yan Wen, Clarice Tan Qin Le, Madsen Kalista Mia, Ashley Lee Xin En, Tan Si Qi Grace, Katie Ang Meng See (Hong Minxi), Lim Enqi Clovis, Ng Yu En

### Uniformed Group:

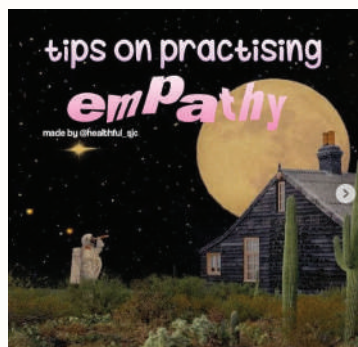
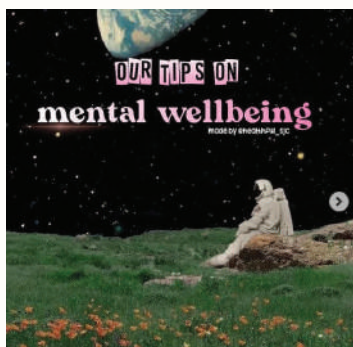
St John Brigade - Group B

### Instagram:

@clickofkindness\_sjb

With the objective of educating the younger generation on being kind online, the students started an Instagram page where they posted several stories and posts linked to this topic. They dropped examples such as complimenting others or leaving an encouraging comment on online platforms. Additionally, they invited their Instagram followers to share positive online experiences they have had, so as to inspire youths to actively practise kindness in the digital space.

## CHIJ St. Joseph's Convent A Healthful Space



### Project Done By:

Tan Si Xuan Renee (Chen Sixuan), Clara Chen Le Qi, Afraah Fatimah, Pan Xuan Hui, Chloe Tay Xinhui, Shravya Sathishkumar, Chloe Ann De Souza, Shalini Raja, Jerrica Tay Yu Xuan, Joslyn Mercy Joseph, Neo Geok Hwee Rhoda (Liang Yuhui), Valerie Tan (Chen Jinwen), Gohar Yashika, Lim Hui En, Tyann Clare, Raylyn Ong Si Yi, Clarabelle Chiew Enqi

### Uniformed Group:

St John Brigade - Group C

### Instagram:

@healthful\_sjc

Using outer space as their design theme, the students created an Instagram account to discuss the topic of mental well-being. They shared self-care tips and uplifting quotes on the page, as well as a few ways in which students can express more empathy towards one another, such as being less judgemental of other people's struggles. They hoped to spread positivity and contribute to the dialogue on mental wellness through this digital campaign.



# Compassvale Secondary School

## Sweet Neighbours



### Project Done By:

Keira Audrina Tan Zhi Yi, Nur Sarahfina Binte Mohamad Sidek, Peh En Ning Tressa, Chi Rui Min, Teo Jia En, Nazurah Sajidah Binte Muhammad Najib, Chen Yixuan Jessalyn, Nur Izzati Binte Muhammad Izanni, Abbygael Raveena Raj, Nur Amirah Fahimah Shariffudin, Aashika Sarah Durairaj, Nur Diana Binte Abdul Hamid, Clare Lim Qian Hui

**Uniformed Group:**  
Girl Guides

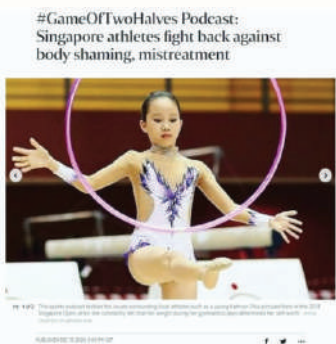
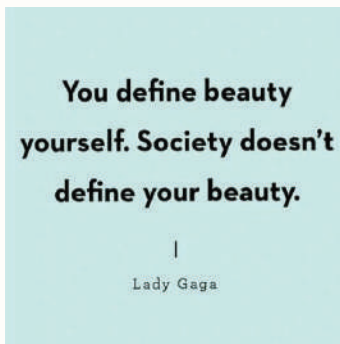
**Instagram:**  
@cvssgg

The Guides initiated an Instagram campaign to spread the message of good neighbourliness. They designed comics that were used to illustrate and compare both considerate and selfish actions by neighbours. They also post relevant quotes to emphasise this. By educating their followers about how everyone can play a part when it comes to neighbourliness, the team highlighted that good neighbours do indeed make a great neighbourhood.



## Compassvale Secondary School

### Fret Not, Let's Lace Up!



#### Project Done By:

Hiew Lap Xin, Kern Jia Rong Mederic, Lee Jia Le Bryan, Neo En Jun Tristan,  
Wong Wee Hern, Tan Yu Jun Darius, Tan Xin Ying, Raine

**Uniformed Group:**  
NCC (Air) - Group A

**Instagram:**  
@yourbody.yourchoice

Focusing on the topic of anti-body shaming, the students initiated a digital campaign where they posted uplifting quotes and news stories on an Instagram page. Their content was aimed at encouraging more self-love among teenagers regardless of one's physical appearance. They also wished to urge youths not to be judgemental of a person's looks, and instead be kind and inclusive of everyone, so that we may work towards greater body positivity in our community.

## Compassvale Secondary School

### Grace Ambassadors



- 1) Introduce yourself when you first meet your neighbour
- 2) Respect your neighbours
- 3) Offer your neighbour help if needed
- 4) Be considerate at all times
- 5) Keep the outside of your house tidy and mess free

#### Project Done By:

Mathew Pek Jie Yao, Soo Yi Ren, Muhammad Huzaifah Bin Muhammad Hazri, Xavier Kong Meng Kiat, Aloysius Tan Jia Ming, Muhamad Aqil Bin Muhamad Faizal, Cheek Cheng Hoe, Cafleo Kennedy Tan Ying

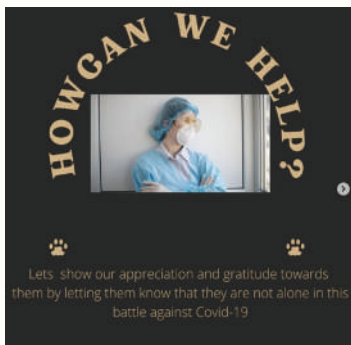
**Uniformed Group:**  
NCC (Air) - Group B

**Instagram:**  
@ncc\_cvss\_cares

To bring forth the message of building a better community, the students showcased quotes and tips on neighbourliness in their Instagram posts. The posts intended to inspire people to show appreciation and care for their neighbours in everyday life. The cadets hoped that more individuals would be willing to step forward to aid their neighbours in small ways, eventually leading to more graciousness in our neighbourhoods.



## Deyi Secondary School Project Helpful Friends



### Project Done By:

Shaik Muhammad Dani Nabil Bin Shaik Idhafi, Aqil Lutfi Bin Fadzil, Caleb Tan Sheng Dian, Leow Jing Kai Jayden, Lucas Tham Kai Xun, Ryan Zachary Toh Ren Xian, Brian Liang Chao Bin, Enzo Poh Zhen Wei

### Uniformed Group:

NCC (Land) - Group A

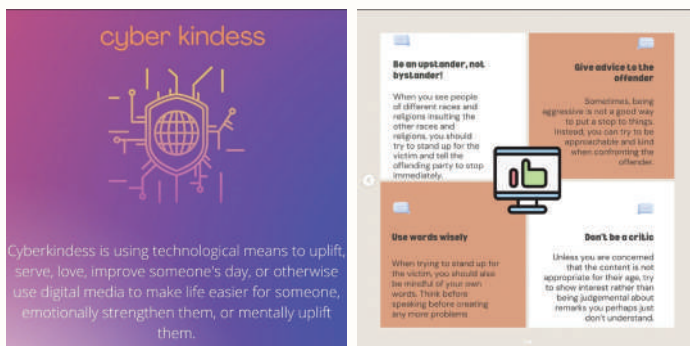
### Instagram:

@dyprojecthelpfulfriends

The cadets embarked on an Instagram campaign aimed at showing appreciation to service staff and frontline workers. A few of the groups mentioned on their Instagram page were delivery riders, cleaners and healthcare workers. The team crafted posts to raise awareness of some of the unkind acts that these individuals may face and promoted the importance of expressing gratitude and respect towards them.

## Deyi Secondary School

### Bee Kind 'N' Helpful



#### Project Done By:

Derecho Kaniel Caballes, Kavish S/O Dhanaraj, Yip Hou Weng (Ye Haorong), Caden Lim Kai Jun, Lennon Toh @ Zhuo Tian Le, Yap Xuan Yu, Krish Rashvann

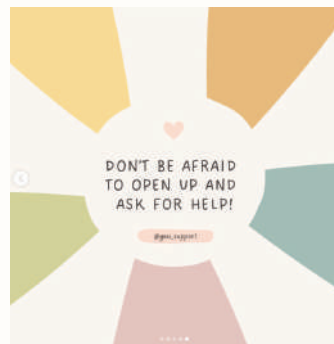
**Uniformed Group:**  
NCC (Land) - Group B

**Instagram:**  
@beekindnhelpful

Addressing the topic of Cyber Kindness, the cadets started a digital campaign where they first shared a Kahoot Quiz to gather their Instagram followers' knowledge on cyber kindness. Then, they reflected ways in which teenagers may be cyber-upstanders on social media when observing situations of cyberbullying and related issues. Through the Instagram posts, the cadets hoped to portray the significance of building a positive and kind online community.

## Gan Eng Seng School

### Learn Self-Care With Us!



#### Project Done By:

Kelly Tan Yi Ting, Tan Xin Yi, Liew Xin Yu, Kaylene Quek Zhi Tong, Cheong Wei En, Bevan Tan Fang Wu, Chen Jia Mei, Kiefer Wang, Raeanne Lin, Muhammad Zihny Zaini

#### Uniformed Group:

St John Brigade - Group A

#### Instagram:

@gess\_support

Seeing how mental well-being is a crucial part of students' lives, the team from GESS designed Instagram posts with various self-care tips. These tips included staying active, eating well, taking breaks while studying, pursuing one's hobbies and more. In addition, they created posts explaining how to build a support network and empathise with others during challenging times. The team hoped for their followers, especially students, to learn more about kindness to oneself and to others through this digital campaign.

# Gan Eng Seng School

## Wellness And Positivity @ GESS



yes, @b\_mental\_positivity helps with a continuation of yesterday's second goal on sunflowers! you can be a sunflower today if you always see the positive side of things, and always, be a sunflower. look for the light. even if you aren't the sunflower, you will always have those sunflowers (good friends) around you, remember to show your appreciation towards them (they will always be there for you).

Follow: 100



yes, @b\_mental\_positivity hit! Are you all crushing your homework and projects? Hahaha same for us! Take some breaks in between and don't overwork yourselves. Don't stay up too late too! It's okay if you are feeling stressed now, it's normal, you are not alone. But be sure to relax once in a while, okay? You are always doing great! If you don't feel good, you can DM us. We will always try to help you!

Follow: 100

**Project Done By:**  
Eugenia Liow Kai Xuan, Lau Zher Wing

**Uniformed Group:**  
St John Brigade - Group B

**Instagram:**  
@gess\_sjb\_mental\_positivity

Wanting to advocate mental wellness among youths, the students posted uplifting quotes and messages on their Instagram page. These posts were aimed at reminding people to take care of themselves and others, and to talk to someone if one's challenges start to feel overwhelming. The group also hosted a simple talk show via a video gathering their schoolmates' thoughts on the different ways in which individuals cope with stressful times. They hoped to encourage empathy and kindness through this Instagram project.



## Gan Eng Seng School GESS Cares!



### Project Done By:

Tay Chun Yong, Liu Jiayi, Brayden Kwok, Teo Zi Jie, Lim Jing Long Xavier, Shi Ze, Low Yi Xin Ashley, Lim Yi Qing, Vikas Kumar, Ng Yu Xin

### Uniformed Group:

St John Brigade - Group C

### Instagram:

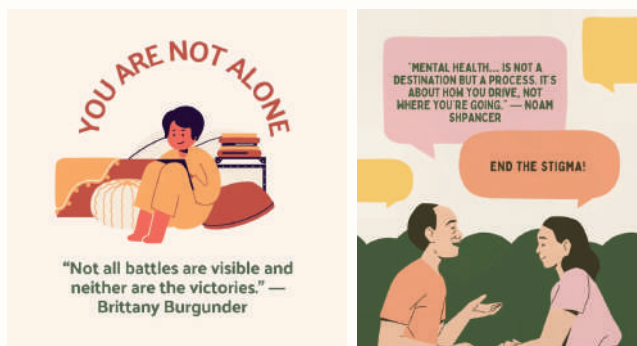
@gess\_cares

In line with the 22 Days of Doing Good national campaign, the students and staff of Gan Eng Seng School committed to carrying out acts of kindness daily. This team from the SJB unit initiated a digital campaign to encourage and inspire their peers to do good deeds for friends, family members and the public. They posted daily on Instagram about various acts of kindness and graciousness, covering themes such as appreciation and neighbourliness. Through their posts and morning assembly sharing, the team hoped to motivate others to express kindness even beyond the 22 days, to foster greater positivity in our community.



## Hillgrove Secondary School

### Encouraging Our Hillgrove Seniors



#### Project Done By:

Zievyer Lim, Rachael Heng Jie En, Megan Travasso, Yeo Zhe Zhang, Chia Yu Cheng, Winston Leow Cheng Siang, Xu Chengrui, Lim Yu You, Brandon Low Jun Heng, Aqasha, Alston Teo Jun En, Shreyas Kishore, Marcus Liang Hun Quan, Tan Kai Lin Claire, Lim Zhi Jie Hayden

#### Uniformed Group:

Air Scouts - Group A

The team ideated a kindness campaign aimed at encouraging their Secondary 4 and 5 schoolmates as they prepared for the national exams. Using their CCA's Instagram account as a platform to spread positivity, the Scouts designed and posted a series of graphics with quotes and captions on stress management and mental well-being. This initiative was publicised to their peers so that the school's seniors could gain some motivation from the content shared online.

## Hillgrove Secondary School

### The Importance Of Mental Health - It Will Be Okay



#### Project Done By:

Pek Zheng Yong, Nevan Leong Chong En, Kenneth Koh Kai Zhuan, Atritra Roy, Seem Xin Hui Cindy, Joshua Chan Dao Ming, Darius Tan, Ong Shao Yang, Thomas San, Tan Jia Qi, Jasper, Sofiyah Binte Mohamed Ariffin, Javier Pohniman, Syabil Muzaffar Bin Imran, Loh Kai Jie Caen, Lynn Htet Thura, Sim Chee Yee, Caelan, Lutf Arish Bin Abdul Latif, Arshad Nayaz Eshan

#### Uniformed Group:

Air Scouts - Group B

Motivated to carry out a physical initiative for their KBA project, the Scouts set up a booth at the school canteen where they distributed handmade bookmarks with inspiring quotes and messages. The booth had QR codes that could be scanned for students to access a Padlet to send uplifting messages and song requests. The project team read out these messages over the sound system and played music for all students to enjoy. They hoped for their campaign to spread cheer and to emphasise the importance of staying hopeful during tough times.

## Hillgrove Secondary School

### An Inclusive Society

We can all do our part to shape what we want Singapore 'new normal' to be. And our wish is for a more compassionate, inclusive and caring society that acknowledges our privileged position and uses it to help those in need.



- make them feel more welcomed in Singapore
- provide financial assistance for food, transportation and water
- implement safety and health on construction sites
- increase their wages/give them more breaks

#### Project Done By:

Chen Lin Li Keefe, Tam Yuan Lin, Alfred, Lui Xavier, Foong Jun Heng Manfred, Kiran Kishore, Huynh Dac Quy, Yak Ren Kai, Cheang Chai Lek, Bernard, Muhammad Danish Mirza Bin Norazhar, Misajon Eon Joselson Ganzon, Wee Liang Jie, Leong Swee En Tiffany, Nur Aisyah Qaisara Binte Zulkiffli

#### Uniformed Group:

Air Scouts - Group C

The Scouts did up a few infographics to spread awareness about the experiences of migrant workers living in Singapore and some of the challenges they encounter from time to time. They chatted with the workers doing maintenance work at their school to find out more, and the infographics created were showcased to their peers, with the objective of educating students about making foreigners feel more welcomed in Singapore through acts of kindness.



## Jurongville Secondary School

### Let's Practise Neighbourliness!



#### Project Done By:

Nur Aniqah Nadirah Binte Mohamad Nazrulhizat, Sayee Preethi, Swathishrii Surash Kumar, Fan Rui'en, Elyse, Jothiraj Rithikasri, Lim Xue Qi, Crystal Irena Binte Zuwardy, Faith Ng Cheng Gin, Kwek Wei Xuan, Lee Yee Ann, Ekacarini Delisha D/O Parthipan, Rachel Lee

#### Uniformed Group:

Girl Guides

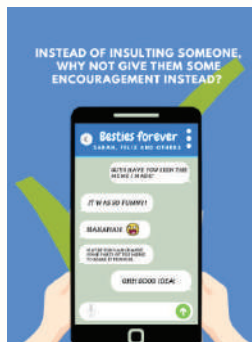
#### Instagram:

@jvgg\_goodneighbourliness\_skm

Choosing to tackle the topic of neighbourliness, the Guides initiated an Instagram campaign where they posted their thoughts on being a nice neighbour, and used infographics to illustrate their points. They also presented some of these ideas during a CCA session to share with their peers how individual actions can contribute to a harmonious neighbourhood. The team hoped to urge their Instagram followers to practise neighbourliness by following the simple tips featured on their page.

# Kranji Secondary School

## In The Feels



### Project Done By:

Low Kai Jie, Neo Zhi Xuan, Lau Xiao Xuan, Tang Yu Ze, Nur Shadrina Daniah  
Bte Abd Manap, Aw Han Xiang Kendrick, Fajardo Kevin Michael Soliman

### Uniformed Group:

St John Brigade - Group A

### Instagram:

@inthefeels\_ksjb

Driving home the key message of being a good user of the Internet, the cadets posted ideas on how individuals can be proactive in keeping the Internet a positive space. They talked about spreading uplifting and heartwarming content, being kind to whoever we interact with online, and encouraging people not to read negative comments or promote content that could hurt others. Their project title served to remind people about being tactful towards others when accessing online platforms.

# Kranji Secondary School

## My Next Door Being



### Project Done By:

Nur Filzah Nusrah Binte Md Roslan, Aniqah Bte Sahrudin, Neo Khern Yih,  
Damian Ong Yu Heng, Chng Zhong Han, Ho Yen See Hilda

### Uniformed Group:

St John Brigade - Group B

### Instagram:

@my\_nextdoorbeing

Aiming to help people improve their relationships with their neighbours, the group designed Instagram posts with tips on how to be a more pleasant neighbour. Through their sharing as well as interactive questions on neighbourliness which were posted on their Instagram stories, they wished to encourage people to overcome the feeling of awkwardness, and take greater initiative in helping and interacting with their neighbours.

# Mayflower Secondary School

## Cyber Royale

### How do you observe Cyber Wellness?

We can practice cyber wellness by making sure that we do not make any comments or messages that may harm others. We can also ask others to not deliberately make harsh and hurtful comments, if they do not comply, we can always tell the teacher



### How to tell if your friend is being cyberbullied

If you noticed your friend is anxious, sad, scared or stress or feeling sad when they receive a text or email This may be a sign that they are being cyberbullied. You can help your friend by letting them know that you care about them and you don't agree with what's happening, and asking a teacher for help



### Project Done By:

Chew Zheng Yang, Tayden, Lim Xu Zhe, Lucas, Yong Kah Khai, Toh Jun Ling, Peh Chuan Sen (Bai Quansheng)

**Uniformed Group:**  
NCC (Land) - Group A

**Instagram:**  
@cyberroyalemfss

Based off a popular video game, the students titled their project 'Cyber Royale' and posted key messages related to cyber kindness on their Instagram page. Some of the messages conveyed were to avoid making harsh and hurtful comments online, and to express kindness and support to someone who might be experiencing cyberbullying.

## Mayflower Secondary School

### Neighbourly Champions

How can we be caring and considerate neighbour ??

-Be friendly and interact when u meet them

How can we be caring and considerate neighbour ??

**-Be trustworthy if you are taking care of things in their absence**

#### Project Done By:

Rayson Tan Rui Sheng (Chen Ruisheng), Koo Jie Yang Lucius, Lim Jun Hao, Muhammad Rizq Qairien Bin Azmy, Ong Ziyi

#### Uniformed Group:

NCC (Land) - Group B

#### Instagram:

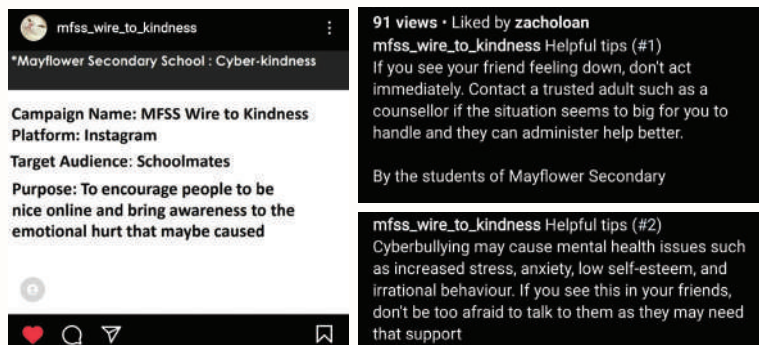
@neighbourliness\_u\_wu

Wanting to promote better relationships between neighbours, the students used their Instagram page as a platform to share tips on how to be a caring and considerate neighbour. Some examples shared include mingling with one's neighbours, offering them help, ensuring that corridors are kept free of obstructions, and participating actively in social activities in the community.



## Mayflower Secondary School

### Wire To Kindness



#### Project Done By:

Mohammed Abu Bakar Bin Mohammed Siddiq, Teoh Zhi Chong, Lim Jia Kang, Yik Hei, Cheah Rui En

#### Uniformed Group:

NCC (Land) - Group C

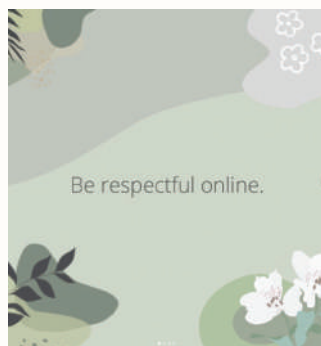
#### Instagram:

@mfss\_wire\_to\_kindness

Choosing to tackle the topic of cyber kindness, the team started an Instagram page where they posted a few memes with relevant captions. Their aim was to promote respectful norms in the digital sphere and to spread awareness of the negative effects of cyberbullying, thereby encouraging people, especially youths, to play their part in creating a nicer online space.

## Meridian Secondary School

### Be Cyber-kind @ Meridian



#### Project Done By:

Marquez Benjamin Michael Imperial, Aliff Danial Mohammad Subhan, Oz Obey Tan Kai Ao, Chen Jiahe Raye, Liew Wang Feng, Poh Teck Leng Donovan, Amirul Muqri' Bin M Jura, Muhammad Haziq Bin Mohamed Asrul

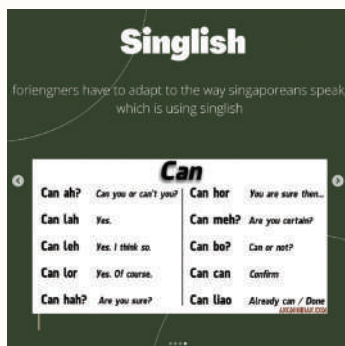
#### Uniformed Group:

NCDCC - Group A

Be Cyber-kind @ Meridian is a digital campaign aimed at educating the student body on what cyber kindness is and how youths may consciously practise cyber kindness. The team designed posters on being respectful and nice to others in the digital sphere, whether it be on social media or gaming platforms. These posters were shared on their CCA's Instagram account.

# Meridian Secondary School

## Same Same But Different



### Project Done By:

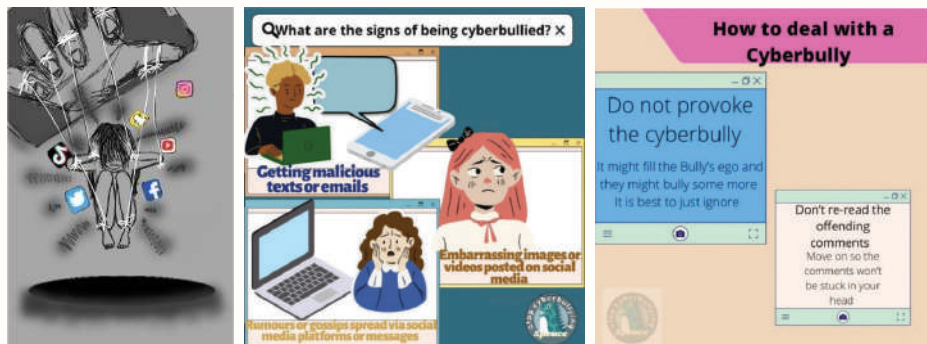
Zhan En Chen, Mei Yuyan, Nurhanna Insyirah Binte Muhammad Hamzah, Melanie Koh, Lian Wei Jie, Liew Wang Feng, Muhammad Isa Bin Faisal

### Uniformed Group: NCDCC - Group B

Using their CCA's Instagram account, the cadets shared information about how Singaporeans may help foreigners better integrate into our local community. A few facts and cultural norms were highlighted through the posts, and the group hoped to encourage their online audience to be kinder and more inclusive towards foreigners in everyday life.

# Meridian Secondary School

## Cyber Protectors



### Project Done By:

Harith Amri Bin Saiful Amri, Sumayyah Binte Mohamed Sabirin, Lim Cleo,  
Liang Yulu, Charis Abira Djingga, Kaelan Lee Yong Sheng

### Uniformed Group:

Red Cross Youth - Group A

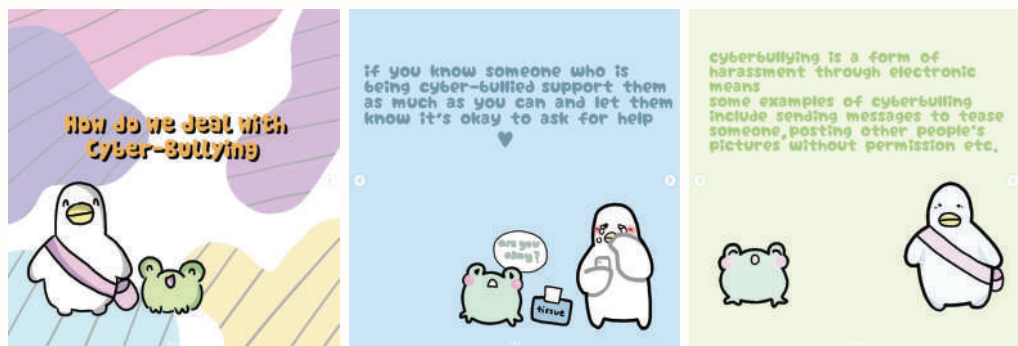
### Instagram:

@cyber\_mss\_protector

To spread the message of positive online etiquette, the students embarked on an online campaign. Multiple images, stories, interactive quizzes and posters were posted on their Instagram account to discuss the issue of cyberbullying and showing kindness on the Internet. Through this campaign, they wished to inform youths on the importance of protecting the digital space such that everyone does their part to build a pleasant online community.

# Meridian Secondary School

## Cyber Duck And Frog



### Project Done By:

Hazel Ng Mun Heng, Anne Liew Jia Yan, Jerrica Ong Si Xuan, Chng Wei  
Cheng Edward, Ethan Kok Zhi Yong, Chong Yao Jun, Liora Chandra

### Uniformed Group:

Red Cross Youth - Group B

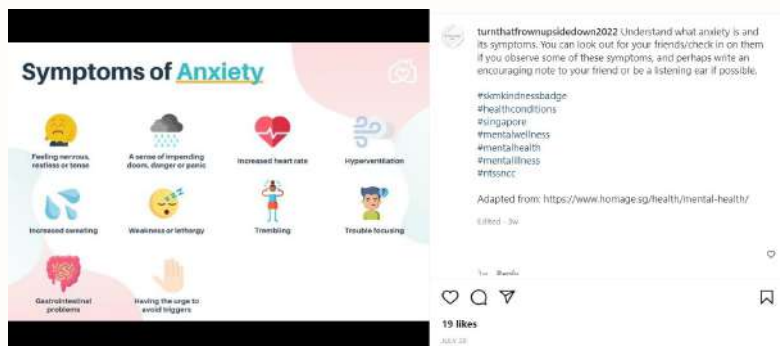
### Instagram:

@the\_mighty\_duck\_and\_frog

In this Instagram campaign, two characters - Sally, the duck and Jesse, the frog - were created to share information on cyberbullying and its negative effects. Through their unique illustrations, the students portrayed safe ways in which one can deal with cyberbullying, and suggested the importance of showing kindness and respect towards others in the online world.

# New Town Secondary School

## Together, Towards An Inclusive Society



### Project Done By:

Safwan Mahmood Fahmi, Kalivaradhan Aadharsh, Darwin Lim Ting En, Muhammad Zairi Bin Muhammad Zaki, Mohamad Rudy Bin Selamat, Stanly Kee Yi Gen, Isaac Moshe Budihalim, Lakshan Kumar

**Uniformed Group:**  
NCC (Land)

**Instagram:**  
@turnthatfrownupsidedown2022

The students tackled the topic of mental wellness in their Instagram campaign, where they collated and shared infographics on mental health from their research. Examples of supportive words and phrases one can say to a friend with a mental health condition were posted on the Instagram page. They also highlighted the importance of looking out for one another and showing kindness towards peers who might seem distressed, for example, by checking in if they wish to approach a counsellor.

# Paya Lebar Methodist Girls' School (Secondary)

## Voice It Out



### Project Done By:

Annabelle Cheri Koh, Ng Jie Min Chloe, Nurfatheha Binte Abdul Latiff,  
Rethinakkili Sundaram, Veerapandiyan Kavi Varssha, Tricia Lee En Xi,  
Chia Ni Fang

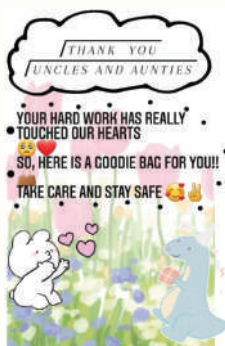
**Uniformed Group:**  
St John Brigade

**Instagram:**  
@voiceitoutsg

True to their campaign name, the cadets wanted their project to promote the idea of reaching out for help when one is going through a tough period. Their introductory Instagram post featured a megaphone to express the notion of voicing out one's emotional challenges, and the other posts comprised mental health check-ins, quotes and a self-care bingo activity. The team wished to portray the importance of caring for oneself and also supporting others with kindness when it comes to mental health matters.



## Peirce Secondary School Spreading Cheer To Our School Staff



### Project Done By:

Zachary Choo Yu Cheng, Xavier Then Xu Xiang, Joel Chia Yuan Wei, Andre Mel Sim, Chloe Ong Jing En, Elisa Sanjida, Kalista Boon, Ariel Lee Ge Hui, Tan Hwee En

### Uniformed Group:

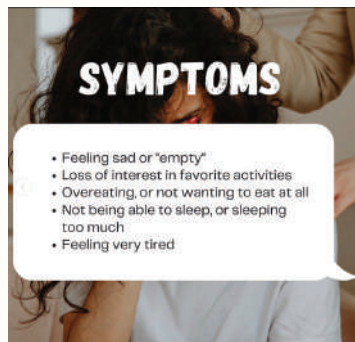
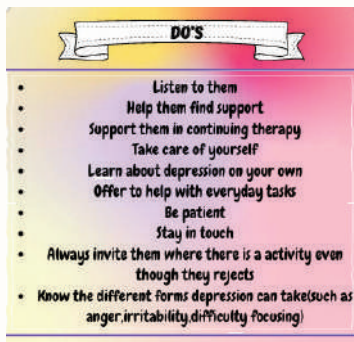
Scouts

The Scouts planned their KBA project around the topic of appreciating the support staff in their school. They ordered Chinese New Year goodies and prepared thank you cards, packing these into tote bags that they presented to the school cleaners and security guards. By expressing their gratitude towards the staff members, the team used the festive season of Chinese New Year as an opportunity to share some thoughtfulness and kindness around.



# Regent Secondary School

## We Empathise



### Project Done By:

Tran Y Vinh, Oh Guan Yi Xavier, Andre Ter Ke Ming, Marcus Soo En Jie, Seah Wei Jie, Yeo Zong En, Lim Yong Sheng Javier, Calum Lam Xue Yee, Goh Jin Rui, Koh Zhuo Yang, Tiew Hao Ping, Nathanael Ng Yong Yi, Ang Wei Yi

### Uniformed Group:

Boys' Brigade

### Instagram:

@we\_empathise\_

Wanting to share about mental health conditions and create more awareness about them, the cadets from Boys' Brigade did up Instagram posts about conditions such as depression and anxiety. They also indicated a few ways to be sensitive and empathetic towards individuals who may be struggling, and hoped to contribute towards reducing the stigma associated with the issue of mental health. Together with the Girls' Brigade team, they did a presentation during the school's morning assembly to introduce the mental wellness projects to their peers.



## Regent Secondary School Kindness Begins With You



### Project Done By:

Qaisyah Qahirah Binte Afhaidarsyah, Tan Hui Shan Pearly, Ariel Mak Hui En,  
Chai Weng Xin, Chuan Jia Ning, Ashlynn, Yuki Khoo, Tammy Seah Xing Yi,  
Chia Shi Ting, Jonelle Chik Yuxuan, Boo Cai Lin, Soh Fan Yuen, Oh Yi Shyann

**Uniformed Group:**  
Girls' Brigade

**Instagram:**  
[@caringwithyou\\_sg](https://www.instagram.com/caringwithyou_sg)

Seeing the need to have more dialogue about mental wellness, the students decided to use their Instagram page to share useful information such as ways to manage stress as well as suggested relaxation techniques. They also highlighted the importance of reaching out to others instead of keeping overwhelming thoughts and feelings to oneself. Through these messages, they tried to normalise conversations around mental health issues and hoped to encourage their peers to do the same.



# Singapore Chinese Girls' School

## Bert, The Friendly Robot



### Project Done By:

Ashley Grace Chong, Anneke Maria Janssen, Jovita Ann Simon, Koh Wensyn, Rachele Cham (Zhan Rui Xuan), Sophie Mok Xi Bin, Tay Kai Ying, Velu Tanyasri, Yew Ya Xi (You Ya Xi)

**Uniformed Group:**  
NCC (Land) - Group A

**Instagram:**  
@bert\_the\_friendly\_rob

The team's Instagram campaign focused on bringing awareness to how people can be more inclusive and tactful towards their online peers. They posted facts, comic strips and suggestions on spreading kindness in the online sphere and showcased Bert, their robot mascot. They also highlighted the adverse effects of cyberbullying and posted interactive quizzes on their Instagram stories to emphasise the importance of cyber kindness.



## Singapore Chinese Girls' School

### Project Bay!



#### Project Done By:

Tee Li Ern Chloe, Emily Lim, Aryll Elisha Lim Re Shan, Tan Aleesha Binte Adam, Arunachalam Ananya, May Zin Swe Min, Kate Cheng Ee Ling

#### Uniformed Group:

NCC (Land) - Group B

#### Instagram:

@projectbayterbay\_

Tapping on their mascot “Bay, the veiltail goldfish”, the group crafted digital posters and educational videos to spread messages on cyber kindness. These were posted via Instagram posts, stories, and reels, and the content featured ‘Bay’ which was knitted by one of the team members. Through the fictional story and information shared on the campaign page, the students hoped to inspire people to be mindful of their words online and to use the digital space for good.



## St. Joseph's Institution

### Mind Helpers



#### Project Done By:

Aidan Ng Guang Xuan, Deepak S, Shen Yuyang, Shafeeq Rahman, Harish Ramaseshan, Tan Geng Hak, Tan Jun Yee, Aiden, Jonathan Ang, Syahid Mirza

**Uniformed Group:**  
NCC (Air) - Group A

**Instagram:**  
@m1nd\_helpers

The students created an online campaign to talk about the presence of mental health conditions in society and highlighted that mental health is a topic that should not be hidden. They especially emphasised the importance of seeking help from a teacher, friend or trusted adult when a young person experiences difficulty coping with his or her emotions. They hoped that more openness can be built surrounding mental wellness and used their Instagram page as a platform to contribute to this conversation.



## St. Joseph's Institution

### SG Unsung Heroes



#### Project Done By:

Samuel Han, Nithil Chakravarthy Thirumurugan, Ramesh Jyodhir Aadithya,  
Trevor Leong Si Yang, Benedict Joseph Akkile Joseph, Gabriel Ng Ghim  
Chuan, Liyu Jiong Yang, Marcus Ee Junn Wei

**Uniformed Group:**  
NCC (Air) - Group B

**Instagram:**  
@sgunsungheroes

Acknowledging the importance of showing appreciation to people from different walks of life, the cadets used their Instagram page to publicise the good deeds in our community. Some examples shared were kind acts done by taxi drivers and healthcare workers, and they even included a post to thank the security personnel in their school. Through this online campaign, they hoped to motivate everyone to express gratitude for the contributions of unsung heroes, and showed how simple it can be to do so.



## St. Joseph's Institution

### Reach Out With Kindness



**BE KIND, WHENEVER POSSIBLE. IT IS ALWAYS POSSIBLE.**

*The 14th Dalai Lama*



**our migrant workers have done so much for us.**

LET'S APPRECIATE ALL THE HARD WORK AND SACRIFICES THEY HAVE MADE FOR US AND EFFORT THEY HAVE PUT IN TO BUILD UP OUR HOME, SINGAPORE. WE SHOULD EMBRACE THEM AS A PART OF OUR DIVERSE COMMUNITY. AVOID HATE AND DISRESPECTFUL COMMENTS TOWARDS THEM AND CARE FOR THEM.

#### Project Done By:

Foo Yuk Yong Jayden, Sim Yan Zhao Daniel, Reynold Simonn, Gan Xu Yang,  
Safwan Zarir, Zaw Moe Khaing, Ethan Teh Yi Teng, Kaden Tan Yu Cong,  
Marcus Russell Yeo

**Uniformed Group:**  
NCC (Air) - Group C

**Instagram:**  
@outreachsjj

Seeking to raise awareness about migrant workers and the discrimination they may sometimes face from locals, the cadets embarked on an Instagram campaign to address the topic of Foreigner-Local Integration. Through video snippets on promoting inclusivity, respect and care, as well as infographics on migrant workers' contributions to Singapore, the team emphasised the notion of building a kind community where everyone feels welcomed.



## St Patrick's School

### Hearts For Our World



#### Project Done By:

Joshua Cheah Sheng Yu, Damian Ong Zhi En, Brian Loh Yin Chen,  
Mathiyazhagan S/O Jayakumar, Wong Guan Han Gabriel, Jeremy James  
Kolenchery, Ryan Nicholas Tan Chen Qian Rui, Michael Loh Keen Man,  
Kyran Ang Wei Zheng, Elliott Tan Jian Xi, Ho Shing Sze Joel

**Uniformed Group:**  
NCC (Air) - Group A

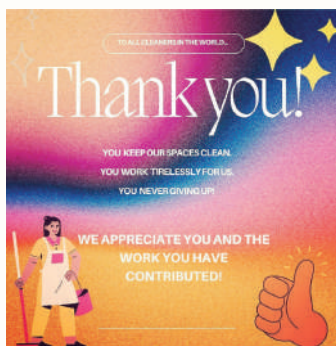
**Instagram:**  
@sps\_nccairskm

The team from St Patrick's School used their KBA project as a platform to urge their peers to take better care of the environment. They posted infographics on being environmentally friendly and encouraged their Instagram followers to adopt good practices in daily life. Additionally, they emphasised the importance of being considerate and cleaning up after ourselves, so as to keep shared spaces in our schools and neighbourhoods clean and conducive for everyone.



## St Patrick's School

### Thank You Unsung Heroes!



#### Project Done By:

D'Cotta Jerome Christopher, Marco Santino Palomares Ramirez, Alfonso Luis Tenorio Pinpin, Fernando Xander Michael Ishan, Will Ee Ren Nicholls, Abby Morris Singh, PJ Verghese, Joe Xavier, Lohendra Naidu, Wayne Gabriel Quek

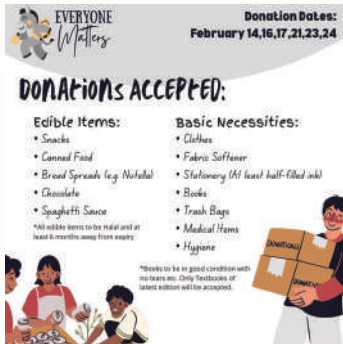
**Uniformed Group:**  
NCC (Air) - Group B

**Instagram:**  
@sps\_kindnessmovement

To show appreciation to the school cleaners, the students initiated an online campaign to share ways to thank them. They began by sharing a few of the challenges faced by the cleaners as well as video clips of their teammates thanking the cleaners in school. To encourage their peers to do the same, the cadets also posted several interactive activities such as a message board for their schoolmates to post notes of appreciation.

## Swiss Cottage Secondary School

### Everyone Matters



#### Project Done By:

Ng Kwok Heng Leonard, Hillary Kee, Charlotte-Faith Tay, Jayden Yea Rui Jun, Teo Ya Ting Jolin, Ramesh Lackshvan Narain, Chua Yu Xi, Chiew Yee Wai, Parthiban Srivathan, Nitro Ong Kah Yong

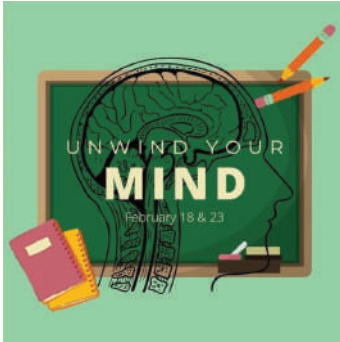
**Uniformed Group:**  
NCC (Air) - Group A

**Instagram:**  
@dito\_thegiftdonkey

The students aimed to raise awareness about the less privileged children in society through their KBA project. They first did a presentation to their schoolmates with some sharing about this community of children, and publicised their upcoming donation drive in school. The team gathered food items, stationery and other necessities which they donated to Sunbeam Place, a residential home for children in need of protection. Through this initiative, the team wished to extend generosity and empathy to the community in their own small ways.

## Swiss Cottage Secondary School

### Unwind Your Mind



#### Project Done By:

Saravanan Kishore, Natarajan Anitha Piraviniesvar, Johnathon Yeo,  
Nedunchezhiyan Bharani Prajethraj, Mansoor Bin Shahul Hameed,  
Vijayakumar Anandhan, Huang Rui An, V Akhilesh, Nur Hidayah Mohd  
Jumari, Daneera Adawiyah Muhammad Fairuz, Justin Yam Chen Jun

#### Uniformed Group:

NCC (Air) - Group B

With the objective of promoting good mental well-being in their school, the cadets implemented a kindness initiative that started out with a school-wide presentation about mental wellness and stress management. They then distributed care packages and encouragement letters to their peers and school staff members, wanting to spread some cheer and positivity. A Kahoot quiz on matters related to stress management and empathy, which involved their fellow cadets, was also facilitated by the project team.

## Temasek Secondary School

### Project Cyber



#### Project Done By:

Muhammed Uzayr Bin Ismad Inun, Chavez Sean Carl, Aaron Chua Ming Hong (Cai Mingfeng), Tan Yan Hao, Lee Kaijie, Irudaya Arockia Raj Nelson Raj, Ariq Putra Dzul Hidayat, Ramachandran Dharun Logesh, Narayanan Vaibhav, Mok Bin Wei Rooney

**Uniformed Group:**  
NCC (Land) - Group A

**Instagram:**  
@cybersafety\_tmsncc

The students embarked on an Instagram campaign to educate their followers on staying safe and being kind online. They came up with posts about how to spot scams and set strong passwords to ensure greater security. Apart from this, they also highlighted ways to be respectful on digital platforms, such as taking a moment to think before posting something online, so that youths are more aware of having a sense of social responsibility when using the Internet.



## Temasek Secondary School

### Nice Neighbours



Establishing good relations among neighbors is crucial because it can help to preserve the harmony of our neighborhood. When neighbors get along and are friendly with one another, they will be more considerate to one another and this can have a positive effect on each other's behavior.

#### Project Done By:

Aahan Bhatia, Muhammad Aden Bin Md Nor Harriths Efstratios, Ong Jun Ren Ryan, Broderick Tan Hong Hiok (Chen Hongxu), Aryan Debnath Nensi, Ow Yong Ming Jun, Muhammad Riyaz Bin Jaafar Sadiq, Muhammad Rais Rusyaidi Bin Shamsudin, Muhammad Lutfi Rifqi Bin Muhammad Ezahar, Vijayakumar Kishan, Goh Julian

#### Uniformed Group:

NCC (Land) - Group B

#### Instagram:

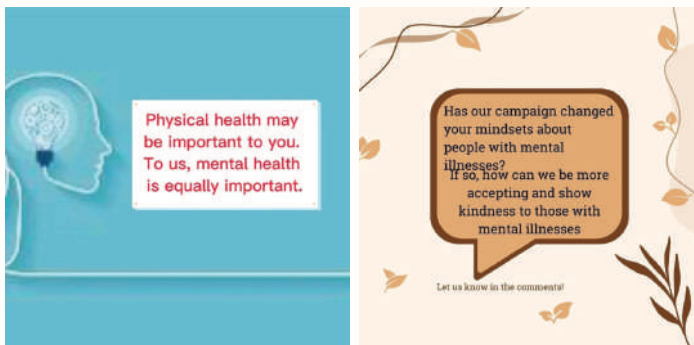
@niceneighbours\_tms

To spread the message of good neighbourliness, the team shared informative posts on their Instagram page, explaining how neighbours who get along well with each other are more likely to be considerate and respectful of one another's needs. The Instagram posts covered tips such as introducing ourselves to new neighbours, communicating with our neighbours to resolve issues calmly, and maintaining a positive attitude towards the people living around us.



## Yishun Secondary School

### Empathy And Wellness @ YSS



#### Project Done By:

Russell Wu, Ng Zhi Xuan, Goh Jie Han Javier, Muhammad Nur Irfan Bin Sarizan, Yassin Tazi, Toh Yong Can, Tristan Lim Jun Xiong

#### Uniformed Group:

NCC (Land) - Group A

#### Instagram:

@yss\_mew

The cadets initiated an Instagram campaign to generate awareness on the negative labels that people with mental health conditions tend to encounter. A few examples stated are being called 'weird' or 'attention-seeking' when these individuals express their struggles. Through the Instagram posts created, the group aimed to encourage their followers to be more accepting and inclusive of people with mental health conditions, by showing empathy instead of judgement when interacting with them.



## Yishun Secondary School

### YSS Cares



#### Project Done By:

Lincoln Low Zi Long, Muhammad Ariel Iqbaal Bin Ismadi, Vriion Chan, Chin Jun Hong Alfred, Muhammad Faris Bin Iskandar, Muhammad Zihni Bin Mohamad Fazli

**Uniformed Group:**  
NCC (Land) - Group B

**Instagram:**  
@yishuncares

By posting scenarios linked to neighbourliness on their Instagram page, the cadets wanted to educate their online audience on how to be a more considerate neighbour. They highlighted points such as keeping corridors free of clutter, being mindful of our noise levels and respecting our neighbours' cultural and religious practices. These were a few of the positive actions shared by the cadets via their Instagram posts and stories for this digital campaign.





## Yishun Secondary School Social Media Champions



### Project Done By:

Malcolm Pang Jun Kui, Thinesh Rajan Sri Yuvanesh Rajan, Ethan Tan Hong Rui, Mikhail Hakim Bin Kamarozzaman, Brian Au Yu Feng, Wong Kar Zun Caden, Muhammad Raiyan Afiq Muhammad Shawal, Niq Danish Bin Ghazali

**Uniformed Group:**  
NCC (Land) - Group C

**Instagram:**  
@yys\_smc

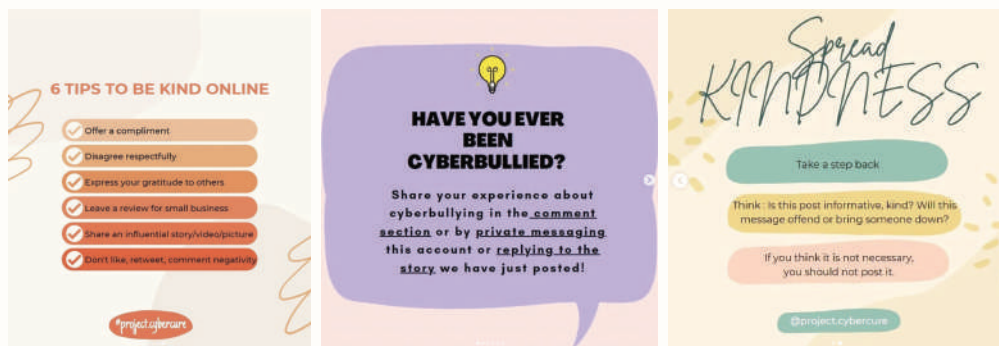
Seeing that many of their peers are frequent users of social media, the cadets started an Instagram campaign to champion the creation of a kind and friendly online community. They shared infographics and light-hearted memes on their page, to spread the message of leaving uplifting comments and standing up against acts of cyberbullying on social media platforms. The group also posted polls on their Instagram stories to find out their followers' thoughts about exercising kindness online.





## Yishun Town Secondary School

### Project Cyber Cure



#### Project Done By:

Keyza Margaretha, Lim Hui Yi Megan, Natasha Sofie Dickson, Alya Insyirah  
Khalifahtul Hafiz, Renee Sju Yu En, Nur Farhana Mohamed Hassan, Jaclyn  
Ng Jing Xuan

**Uniformed Group:**  
Girl Guides - Group A

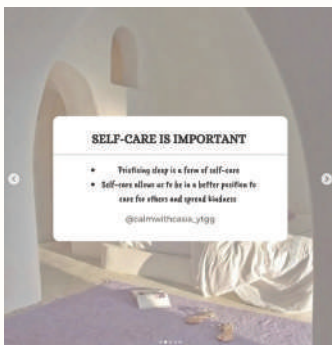
**Instagram:**  
@project\_cybercure

Focusing on the theme of Cyber Kindness, the students used their Instagram posts to highlight different forms of cyberbullying such as exclusion and denigration. To add a personal touch to their digital campaign, they gathered and shared individuals' encounters with cyberbullying anonymously. These unkind acts occurred during online gaming and via social media platforms, which the team wanted to highlight in hopes of educating others to think twice before posting remarks online.



## Yishun Town Secondary School

### Calm With Casia



#### Project Done By:

Gwen Koh Kai Ting, Kayal Pugazhendhi, Sia Angie, Nur Hazimah Binte Othman, Leow Pei Chen, Chiang Yong Yu, Julia Anne Tok, Demisia Ong Huixuan, Chan Ying Nuo

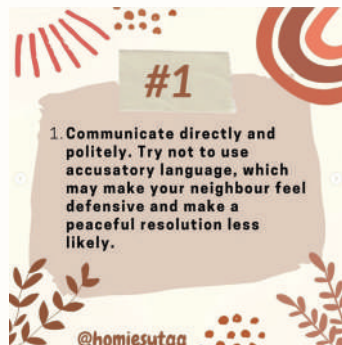
**Uniformed Group:**  
Girl Guides - Group B

**Instagram:**  
@calmwithcasia\_ytgg

With the creation of a character named 'Casia', the team discussed the practice of self-care on their Instagram page. Their objective was to motivate teenagers to be kind and gentle with themselves and to promote self-acceptance. Through the various tips explained by Casia, the students showed that self-care is not selfish and that it in fact puts us in a better position to be kind and supportive towards those around us.

# Yishun Town Secondary School

## Project Homie



### Project Done By:

Calista Sim Le Lin, Kwok Jia Yi Joey, Rachel Tee Sing Hui, Crystal Nio Jing Xuan, Marsya Quraisya Binti Mohamad Feroz, Zuhur Mohamad Nabil Baroudi, Thum Tien Xin Rei, Diesta Adrielle Bree Capuli, Siti Nur Arissa Binte Mohamed Ashek

**Uniformed Group:**  
Girl Guides - Group C

**Instagram:**  
@homiesytgg

The team from Project Homie covered various elements of neighbourliness in their digital campaign. They explained the benefits of having good neighbours and even suggested conversation starters that people could use with their neighbours. A special section titled 'Guides in action' was also posted, featuring their team members engaging in simple acts of kindness for their neighbours, and another post showcased a checklist of actions that could foster a kinder neighbourhood.

# Yishun Town Secondary School

## Neighbour“Hood”

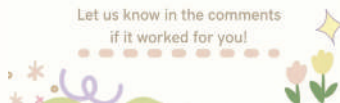


### HERE ARE SOME WAYS TO START A CONVERSATION WITH YOUR NEIGHBOUR!



1. 😊 Introduce yourself
2. Ask questions to engage them
3. Listen without cutting them off

Let us know in the comments  
if it worked for you!



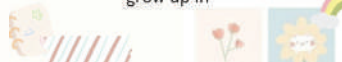
### 1) Lower down your noise level in the evenings

You can lower down your volume as some as of your neighbors might be sleeping or doing their own activities. Therefore lets minimise our noise level to be considerate to them!



### WHY IS IT IMPORTANT TO BUILD STRONG BONDS WITH YOUR NEIGHBOURS?

1. It makes you feel a sense of belonging to the community
2. You have someone to turn to in times of need
3. Creates a better environment for the younger generation to grow up in



### Project Done By:

Mendiola Gayle Abeni Estrella, Ashlynn Jahangeer, Chezhan Lakshmi, Seah Jia Yi, Yeo Claire, Shoban Kumar Krishna, Lebelles Diong Ler Xuan

**Uniformed Group:**  
Girl Guides - Group D

**Instagram:**  
@ytgg.neighbourhood

To emphasise the significance of building strong bonds with our neighbours, the students shared ways in which this can be done via their Instagram posts. Actions like greeting one's neighbours and doing simple yet thoughtful acts for them were raised. To make their campaign interactive, the students collected short stories from their followers about neighbours helping each other, and compiled these stories into Instagram posts for their campaign.

## Yuying Secondary School Friendly Neighbourhoods



### Project Done By:

Chew Lip Yang, Muhammad Naqib Bin Mohamed Dawood, Soh Yi Heng Xavier, Siddiq Bin Rahmat Low, Nor Prince Azreen Bin Sudirman, Isaac Koh Zhe Quan (Xu Zhequan), Kho Kai Jie Alston, Benson Liang Xianghe, Goh Yi Hern Javier (Wu Yiheng), Farid Hazman Bin Abdul Rahman, Farhan Sadik Muheeb, Brayden Heng Bin Kai

### Uniformed Group:

NCC (Land) - Group A

### Instagram:

@friendlyneighbourhood\_yys

Wanting to generate awareness on neighbourly behaviours, the cadets started an Instagram account where they posted images and thoughts about neighbourliness in Singapore. They hoped to encourage their online audience to be not just tolerant of their neighbours but friendly and helpful as well; for example, by offering to help carry a neighbour's heavy items and keeping noise levels low at night. The students portrayed how everyone can play their part in fostering a pleasant living environment.

## Yuying Secondary School

### Spreading Kindness In Cyberspace



#### Project Done By:

Kyson Phua (Pan Rui Zhe), Foong Jieh Wei Brayden, Zay Thuta Aung, Chong Zhe Xun John Darren, Isaac Imron Bin Mohamed Lokman, Toh Jun Teng, Chew Rei Zhe (Zhou Ruizhe), Teh Quan Xing, Ng Ek Hao Gareth (Huang Yihao), Muhammad Amir Ashraf Bin Fauz, Muhammad Rauf Ziqry Bin Mohamed Ameer, Darren Ng Yu Hang

**Uniformed Group:**  
NCC (Land) - Group B

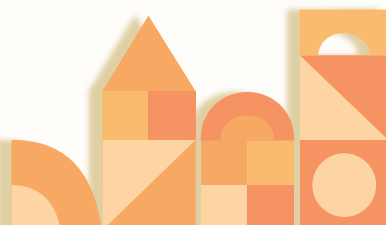
**Instagram:**  
@kindllama\_yyss

Focusing on the theme of Cyber Kindness, the students used their digital campaign to share images and memes championing the act of being kind online. They also showcased a 'Cyber Llama' as their campaign mascot on Instagram, dropping tips on how to stay respectful and polite on digital platforms. Through the posts and captions shared, the group hoped to create awareness on spreading kindness in cyberspace.



## Kindness Badge Junior

At the primary school level, students from the Uniformed Groups also have the opportunity to participate in a badge programme. The Kindness Badge Junior (KBJ) requires students to complete tasks and projects listed in an activity booklet, according to the sections of Discovering Kindness, Exemplifying Kindness and Inspiring Kindness. The activities are aimed at promoting kindness and graciousness within their Uniformed Group, in school and in the wider community. Participating students are recognised as ambassadors of kindness and will receive a badge from SKM.





## Citizens of Kindness

Started in 2018, the Seed Kindness Fund Junior was a programme for primary students in student care centres to promote the values of kindness and graciousness in their community.

Starting from 2021, the programme has been revamped to Citizens of Kindness that seeks to empower students through curated activities, to encourage all to contribute beyond themselves and the betterment of their surroundings (school, family & community).

With all activities completed, students will receive a Certificate of Achievement and a collar pin to acknowledge their commitment as a Kindness Citizen!





## CONNECT WITH US



### Locate Us

Singapore Kindness Movement  
61 Stamford Road  
#02-01 / 02 Stamford Court  
Singapore 178892



### Links

**Singapore Kindness Movement**  
[Kindness.sg](http://Kindness.sg)

**Kindsville**  
[Kindsville.kindness.sg](http://Kindsville.kindness.sg)

**Friend of Singa**  
[Fos.kindness.sg](http://Fos.kindness.sg)

**Kindness Badge Award**  
[Badge.kindness.sg](http://Badge.kindness.sg)

**Seed Kindness Fund**  
[Skf.kindness.sg](http://Skf.kindness.sg)

**The Pride**  
[Pride.kindness.sg](http://Pride.kindness.sg)



### Follow Us

 [facebook.com/kindnessSG](https://facebook.com/kindnessSG)

 [@kindnesssg](https://@kindnesssg)

 [youtube.com/kindnessSG](https://youtube.com/kindnessSG)

 [twitter.com/kindnessSG](https://twitter.com/kindnessSG)

